# Employee BENEFITS 2024

## Your guide to sign up

The University of Kansas Health System is proud to offer a robust benefits package to support your physical, mental and financial health. Now is the time to sign up for 2024 benefits.

- The annual enrollment period is:
  - First day to sign up: Monday, October 9
  - Deadline to sign up: Friday, October 27, by 5 p.m. CT
- You must actively sign up for (or decline) benefits for 2024. After 5 p.m. on Oct. 27, it will be too late to have benefits for all of 2024 unless you have a qualifying life event.

This guide explains the decisions you need to make and how to sign up for the benefits that best meet the needs of you and your family. Review it carefully, along with the planning checklist and information under "Explore Your 2024 Benefits" on the Benefits Connection website. Together, these tools will help you understand your benefits package and how to enroll. Starting October 9, follow the steps under "Choose Your 2024 Benefits" to enroll.

Your Benefits team is here to support you. You'll find in-person, online and phone support resources listed on the back page of this guide and on the Benefits Connection website at KansasHealthSystemBenefits.com.

FIRST DAY TO ENROLL: MONDAY, OCTOBER 9

DEADLINETO ENROLL: FRIDAY, OCTOBER 27, BY 5 P.M. CT

## GET MORE INFORMATION $\rightarrow$

## KansasHealthSystemBenefits.com

The Benefits Connection website is open to you and your spouse anytime from anywhere – no username or password is needed.

Esta guía de inscripción de beneficios está disponible en español en la página web de Benefits Connection en **KansasHealthSystemBenefits.com**.



## **Investing in You**



#### Dear health system employee,

Whatever your role within our health system, you are the reason we are able to provide the best care in the region. Whether you greet patients at the door, provide clinical care or support our patients and employees in other areas, we are grateful for the many ways you go above and beyond to serve our patients. It is our honor and privilege to support you and your family with a robust benefits package.

We invest in these benefits with your needs in mind and are proud to offer this competitive package to ensure you have affordable access to high-quality care and comprehensive services. Even as the cost of benefits nationwide is rising, we are committed to covering the majority of the cost for our staff.

Please take advantage of this investment we make in you and think carefully about your needs in 2024. Choose the benefits that best help you and your family reach your goals for physical, mental and financial health. We value you and are grateful for all you do to support our patients, community and each other.



Jeff Risinger
Senior Vice President
Chief Human
Resources Officer



Tammy Peterman, MS, RN, FAAN
President, Kansas City Division
Executive Vice President,
Chief Operating Officer and
Chief Nursing Officer

## Benefits to take care of you

The health system offers benefits in three categories.

#### **AVAILABLE TO BENEFITS-ELIGIBLE EMPLOYEES (0.5 FTE OR MORE)**

Require sign-up during annual benefits enrollment to take effect in 2024

- Medical (including pharmacy), dental and vision insurance
- Purchase of additional short-term disability insurance
- Pretax accounts (HSA and FSAs)
- Supplemental insurance plans: hospital indemnity, accident, critical illness, group term life, accidental death and dismemberment, identity theft, legal services

#### **AVAILABLE TO BENEFITS-ELIGIBLE EMPLOYEES (0.5 FTE OR MORE)**

Do not require sign-up during the annual enrollment period

- Retirement
- PTO and holidays
- Long-term disability insurance
- Whole life insurance
- Auto and home insurance
- Pet insurance
- Family care solutions
- Services including estate planning, emergency travel assistance, funeral planning and support after the death of a loved one
- Education assistance (tuition reimbursement and certification support)
- Purchasing Power buying program

## AVAILABLE FREETO ALL EMPLOYEES REGARDLESS OF BENEFITS ELIGIBILITY

- Employee Assistance Program
- It's About You wellness program
- Perks For You discount program
- 529 savings plan



## BENEFITS CONNECTION $\rightarrow$

## KansasHealthSystemBenefits.com

This enrollment guide focuses on the first category – those benefits you need to act on now, during the enrollment period. We encourage you to take advantage of all the benefits available to you. Full details, including how to access each benefit, are available under "Explore Your 2024 Benefits" on the Benefits Connection website.



## **Headlines for 2024**

The benefits package continues to evolve to better support you and your family. Please note these updates and opportunities available in 2024.

**MEDICAL PLAN NETWORK:** The health system network tier for medical coverage will expand in 2024 to include all Olathe Health facilities as well as providers who are employed by Olathe Health/ The University of Kansas Physicians. This means:

- Facility charges for any care received at an Olathe Health facility will be covered at the health system network rate, regardless of provider.
- However, coverage for provider charges will vary based on whether or not the provider is employed by Olathe Health/The University of Kansas Physicians.

For details, see page 6.

**PHARMACY**: Important changes are coming next year related to maintenance and specialty medications.

**Effective January 1, 2024:** *Specialty medications* – those used to treat complex medical conditions – will be filled by the health system pharmacy *only* if the prescription is written by a health system provider (excluding Olathe Health). If your prescription is written by an Olathe Health provider or a provider outside the health system, you will use the Navitus preferred specialty pharmacy.

Effective June 1, 2024: Two changes related to maintenance medications, used to treat chronic conditions.

- Maintenance prescriptions filled by the health system pharmacy *must be delivered* to your home (or other preferred address) or a FedEx hold-at/pick-up location.
- All maintenance medications must be filled for a *90-day supply*. When you receive a new maintenance prescription over the next few months, you can prepare for this change by requesting 90-day prescriptions from your provider.

For details, see pages 9-11.

**ONE-TIME OPPORTUNITY FOR OPTIONAL INSURANCE COVERAGE**: During this annual enrollment period for 2024 benefits, employees have a *one-time opportunity* to enroll in additional coverage for two insurance plans without a requirement to provide evidence of insurability (EOI) this year. This is an opportunity to obtain coverage without medical underwriting, even if you've been denied in the past. This opportunity is available for:

- Short-term disability (STD) buy-up plan
- Supplemental life coverage for employee and/or spouse

For details, see pages 16 and 17.



## **Medical coverage**

#### Choose your medical plan

When you sign up for a plan, most of your premiums and medical costs will be paid for by the health system. As you consider which plan is right for you, remember you share in the cost of healthcare in several ways.

1 Premiums: The amount you pay for your health insurance, taken out of your paycheck before taxes. The health system pays most of the premium cost.

See chart on page 8.

- 2 Deductibles: The amount you pay out of pocket for covered services before your insurance starts to help out. Consider if you have enough money in your budget or in savings to cover the deductible. Remember some preventive care services like your annual physical and certain exams are always free.
- (3) Copays: The set dollar amount you pay for doctor visits and prescriptions. The Signature Plan uses primarily copays.
- 4 Coinsurance: The percentage of total cost you may pay for doctor visits, prescriptions and other services after your deductible is met. The HSA Advantage Plan uses primarily coinsurance and deductibles.
- 5 Out-of-pocket maximum: The most you will pay in a calendar year for covered medical care and prescriptions.

To better understand how these costs work in each medical plan, read "Understanding deductibles, copays and coinsurance" on the Benefits Connection website.





How much you'll pay

Premium

Deductible

+

Copays / Coinsurance

(up to out-of-pocket max)

## Medical and prescription coverage

You have a choice between two plans for medical coverage, which includes prescription medications. A brief summary of both is below. Visit the Benefits Connection website for more details.

#### **HSA Advantage Plan**

This works best for those who use less healthcare. The per-paycheck premiums are lower but your cost of care during the year is higher through deductibles and coinsurance.

• This plan uses an aggregate deductible. This means the full family deductible must be met before the health plan's coinsurance covers expenses for any one covered member.

With this plan, you will have a Health Savings Account (HSA), with a contribution from the health system, you can use to pay for healthcare with pretax dollars. Read more on page 15.

#### **Signature Plan**

This works best for heavier users of healthcare. It offers lower deductibles and fixed copays for in-network office visits, but has higher per-paycheck premiums.

• This plan uses an embedded deductible. This means that once a covered member meets the individual deductible, the health plan's coinsurance begins to cover their expenses, even if the full family deductible amount has not been met.

#### Medical plan networks

Both plans offer the Blue Select Plus network (Kansas City area) and the BlueCard PPO network (in greater Kansas and nationwide).

• Neither network includes HCA and St. Luke's. If you or your family uses providers at these locations, you may want to find a health system or in-network provider for the best coverage.

The health system network, which provides the best care at the most affordable cost, will include all Olathe Health facilities in 2024, as well as providers who are employed by Olathe Health/The University of Kansas Physicians. This means:

- Facility charges for any care received at an Olathe Health facility will be covered at the health system network rate, regardless of provider.
- Coverage for provider charges will vary based on if the provider is employed by Olathe Health/ The University of Kansas Physicians.
  - Employed providers: Covered at the health system network rate.
  - All other providers: Covered at the in-network or out-of-network rate, depending on whether the provider participates in the BlueSelect Plus network.

For a list of providers employed by Olathe Health/The University of Kansas Physicians and to learn about coverage differences across network tiers, visit the Benefits Connection website.

To better understand the network tiers and how to find a provider, read "Know your medical plan network" on the Benefits Connection website.





## **Medical coverage**

This chart shows the deductibles (ded), coinsurance (coins) or copays for different services under each plan. Preventive care is free in both plans.

	HSA Advantage Plan			Signature Plan		
	BlueSelect Plus network		BlueSelect Plus network		ork .	
	Health system network	In-network	Out-of-network	Health system network	In-network	Out-of-network
Annual Deductible	¢1.000	фо ооо	ФС 400	¢400	ф1 F00	ф2 000
Single	\$1,600	\$3,200	\$6,400	\$400	\$1,500	\$2,000
Family	\$3,200	\$6,400	\$12,800	\$800	\$3,000	\$4,000
Out-of-Pocket Maximum	¢4.000	ф4 000	ф10,000	¢4.000	¢4.000	¢10 F00
Single	\$4,000	\$4,000	\$19,800	\$4,000	\$4,000	\$10,500
Family	\$8,000	\$8,000	\$39,600	\$8,000	\$8,000	\$21,000
Member coinsurance	10%	30%	40%	10%	30%	40%
Office Visit						
Primary care (in-office or virtual visit)	Ded+10% coins	Ded+30% coins		\$20 copay	\$30 copay	
Specialist (in-office or virtual visit)	Ded+10% coins	Ded+30% coins	Ded+40% coins	\$40 copay	\$60 copay	6 Ded+40% coins
Routine preventive care	Covered at 100%	Covered at 100%		Covered at 100%	Covered at 100%	
Outpatient therapy (speech, hearing, physical, occupational)	Ded+10% coins	Ded+30% coins	Dea 10 /0 como	\$40 copay	Ded+30% coins	2001 10 /0 001110
Urgent care	Ded+10% coins	Ded+30% coins		\$40 copay	\$60 copay	
Inpatient/Outpatient Services						
Emergency Department			Ded+30% coins*			Ded+30% coins <sup>3</sup>
Inpatient hospital services						
Inpatient services for mental/ behavioral health and substance abuse disorder**				Ded+10% coins	Ded+30% coins*	
Outpatient hospital services	Ded+10% coins	Ded+30% coins	Dodu 100% coins			Ded+40% coins
Outpatient services for mental/ behavioral health and substance abuse disorder^		Ded+40% coins	Covered at 100%^^	Ded+30% coins* ^^	Deu+40 /0 COIIIS	
High-tech radiology services (MRI, CT, PET scan)				Ded+10% coins	Ded+30% coins*	

<sup>\*</sup> To ensure access to emergency care, coinsurance will be applied after the member meets the deductible for in-network care.

<sup>\*\*</sup> Pre-authorization required; coverage of room and board may be denied.

<sup>^</sup> Pre-authorization required for ABA/Autism therapy; ABA/Autism therapies covered to age 19 with no hours/visit limits.

<sup>^^</sup> Includes an office visit copay.

## **Medical coverage**

This chart shows how much you will pay out of your paycheck for medical insurance, along with the larger portion paid by the health system to support each employee.

## KANSAS CITY (INCLUDING OLATHE HEALTH)

Per-Paycheck Premiums*	HSA Advantage Plan		Signature Plan	
	BlueSelect Plus network		BlueSelect Plus network	
	Employee pays	Health system pays	Employee pays	Health system pays
Employee only	\$35.00	\$387.15	\$65.00	\$358.25
Employee + spouse	\$147.00	\$703.31	\$223.00	\$631.51
Employee + children	\$120.00	\$668.41	\$190.00	\$597.62
Employee + family	\$201.00	\$1,092.56	\$305.00	\$1,014.68

#### **GREAT BEND**

Per-Paycheck Premiums*	HSA Adva	ntage Plan	Signature Plan		
	BlueSelect Plus network		BlueSelect Plus network		
	Employee pays	Health system pays	Employee pays	Health system pays	
Employee only	\$35.00	\$387.15	\$65.00	\$358.25	
Employee + spouse	\$113.00	\$737.31	\$223.00	\$631.51	
Employee + children	\$94.00	\$694.41	\$162.00	\$625.62	
Employee + family	\$145.00	\$1,148.56	\$305.00	\$1,014.68	

<sup>\*</sup> Taken from 24 paychecks per year.

Kansas City and Great Bend premiums will align over time.

### Working spouse surcharge

If your spouse is offered medical insurance through their employer, you will pay an extra \$50 per paycheck if you add them as a covered dependent on your medical plan.

## **Prescription drug coverage**

Another important thing to understand when you choose a medical plan is the cost of prescription drugs.

The amount you pay will depend on several important things: which medical plan you choose, where you fill your prescriptions, the type of medication and the days' supply.

The charts that follow show differences in prescription coverage between the two medical plans.

#### Coverage for acute medications

**Acute medications** – prescribed to treat short-term symptoms for a specified period of time.

Prescriptions for acute medications may be filled by the health system pharmacy or any in-network pharmacy. For the best rate, use the health system pharmacy. The health system rate is also honored (for acute medications only) at the Medical Park Pharmacy in Great Bend.

	HSA Advantage Plan		Signature Plan			
Medication Type	Health system pharmacy	In-network pharmacy**		system macy	In-ne pharm	twork nacy**
Acute prescriptions	Up to a 102 DAY SUPPLY	Up to a 102 DAY SUPPLY	Up to a 34 DAY SUPPLY	35-102 DAY SUPPLY	Up to a 34 DAY SUPPLY	35-102 DAY SUPPLY
Generic / Tier 1			\$5	\$10	\$25	\$50
Preferred brand / Tier 2	10% (after deductible)^^	30% (after deductible)^^	\$30	\$60	\$55	\$110
Nonpreferred brand / Tier 3	(artor adductible)	(artor adadotible)	\$65	\$130	\$90	\$180

#### Coverage for maintenance medications

Maintenance medications – prescribed for long-term, regular use to treat a chronic health condition.

Maintenance medications must be filled by the health system pharmacy to receive coverage. Olathe Health employees have until May 31, 2024, to have prescriptions sent to the health system pharmacy. For the lowest rate, start using the health system pharmacy right away.

Beginning June 1, 2024, all maintenance medications must be filled as a 90-day supply. When you receive new prescriptions for maintenance medications over the next few months, you can prepare for this change by requesting 90-day prescriptions from your provider.

	HSA Advantage Plan*		Signature Plan			
Medication Type	Health system pharmacy	In-network pharmacy	Health phar	system macy	In-network pharmacy	
Maintenance prescriptions	Up to a 102 DAY SUPPLY	Maintenance	Up to a 34 DAY SUPPLY	35-102 DAY SUPPLY	Maintenance	
Generic / Tier 1		prescriptions NOT COVERED at in-network pharmacies	NOT COVERED at in-network	\$5	\$10	prescriptions NOT COVERED
Preferred brand / Tier 2	10% (after deductible)^^				\$30	\$60
Nonpreferred brand / Tier 3	(artor adduction)		\$65	\$130	pharmacies	

<sup>\*</sup>Certain medications used for chronic conditions or risk reduction are included in the preventive drug list. HSA Advantage Plan members will pay Signature Plan copays for medications on this list. These copays will not apply to the HSA Advantage Plan deductible but will apply to the out-of-pocket maximum.

<sup>\*\*</sup> While the health system pharmacy should be your first choice for prescriptions, many pharmacies throughout the nation participate in the pharmacy network.

<sup>^^</sup> HSA Advantage Plan members will pay 100% until their deductible is met, then pay the indicated percentage coinsurance until their out-of-pocket maximum is reached.

## **Prescription drug coverage**

#### Coverage for specialty medications

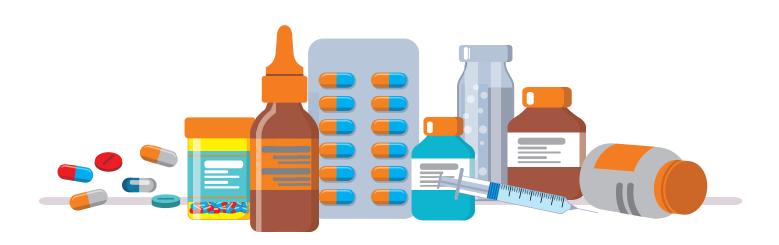
**Specialty medications** – prescribed to treat complex health conditions.

Specialty medications must be filled by a specialty pharmacy. Beginning January 1, 2024, which specialty pharmacy you use will depend on who prescribes your specialty medication.

- If the prescription is written by a provider at The University of Kansas Health System (excluding Olathe Health), the employee/dependent must use the health system pharmacy.
- If the prescription is written by a provider at Olathe Health or outside the health system, the employee/dependent must use the Navitus preferred specialty pharmacy.

	HSA Advantage Plan	Signature Plan		
Medication Type	All medications must be filled by the health system pharmacy or Navitus preferred specialty pharmacy depending on the prescriber.			
Specialty prescriptions	Up to a 30 DAY SUPPLY	Up to a 30 DAY SUPPLY		
Generic / Tier 1		\$20		
Preferred brand / Tier 2	10% (after deductible)^^	\$100		
Nonpreferred brand / Tier 3		\$200		

<sup>^^</sup> HSA Advantage Plan members will pay 100% until their deductible is met, then pay the indicated percentage coinsurance until their out-of-pocket maximum is reached.



## **Prescription drug coverage**

#### **FREE DELIVERY SERVICE**

Beginning June 1, 2024, maintenance prescriptions filled by the health system pharmacy will require delivery. This is to ensure the best, most convenient experience for our employees and their dependents. Delivery takes up to 3 business days and prescriptions may be delivered to:



- Your preferred shipping address
- FedEx hold-at/pickup location see instructions on the Benefits Connection website

#### Making the most of your prescription drug coverage

Navitus Health Solutions manages pharmacy benefits for the health system. To see how your medications are covered with Navitus, review the formulary (list of covered medications) on the Benefits Connection website. Make a list of your prescriptions, check if they are on the formulary and, for each one, note:

- Whether the medication is generic or brand name
- Whether the medication is in the preferred or nonpreferred tier

Depending on what you learn, you may want to work with your prescriber so you can save money in 2024. See instructions to fill or transfer a prescription on the Benefits Connection website.

Read "Tips for using your pharmacy benefit" on the Benefits Connection website.

You'll find helpful information including links to the lists of health system and in-network pharmacies, the list of maintenance medications, the Navitus drug formulary and how insurance coverage works for prescriptions.



## **Dental coverage**

You can choose from two plans for dental insurance, both offered by Delta Dental of Kansas. Both plans feature three tiers: PPO, Premier and out-of-network. For the lowest out-of-pocket costs, visit a dentist in the PPO network (find the provider list at DeltaDentalKS.com).

What's the same? In both plans, diagnostic services and preventive treatments are free to support good oral health while keeping costs down. In addition:

- Right Start 4 Kids: For kids 12 and under, both plans pay 100% of the cost of covered services, excluding orthodontia.
- Unlimited cleanings: To promote oral health, covered members can receive an unlimited number of cleanings each year at no cost.

What's different? The Plus plan offers lower deductibles, lower coinsurance and coverage for orthodontia services, in exchange for higher premiums.

#### In-network benefit summary for dental insurance

	Basic Plan	Plus Plan	
Employee-only deductible	\$50	\$25	
Family deductible	\$100	\$50	
Annual plan maximum (per individual)	\$1,500	\$1,500	
	Diagnostic and pr	reventive services	
Oral exams, X-rays, fluoride, space maintainers, sealants, unlimited number of cleanings	Plan pays 100%	, no deductible	
	Basic s	ervices	
Oral surgery, fillings, endodontic treatment,	Plan pays 60% after deductible	Plan pays 80% after deductible	
periodontic treatment, repairs of dentures and crowns	Right Start 4 Kids (12 and under): Plan pays 100%, no deductible		
	Major services		
Construction dentages beiden invalente	Plan pays 40% after deductible	Plan pays 50% after deductible	
Crowns, jackets, dentures, bridge implants	Right Start 4 Kids (12 and under): Plan pays 100%, no deductible		
	Orthodont	ia services	
Orthodontia (adult and child)	Not covered	Plan pays 50% after deductible	
Lifetime orthodontia plan maximum (per individual)	Not covered	\$1,500	

## **Dental coverage**

## Per-paycheck premiums for dental insurance

## KANSAS CITY (INCLUDING OLATHE HEALTH)

Per-Paycheck Premiums*	Basic Plan	Plus Plan
	Employee pays	Employee pays
Employee only	\$7.76	\$10.82
Employee + spouse	\$21.31	\$28.58
Employee + children	\$19.52	\$27.20
Employee + family	\$39.80	\$55.57

## **GREAT BEND**

Per-Paycheck Premiums*	Basic Plan	Plus Plan
	Employee pays	Employee pays
Employee only	\$7.76	\$10.82
Employee + spouse	\$21.31	\$28.58
Employee + children	\$19.52	\$27.20
Employee + family	\$34.04	\$46.75

<sup>\*</sup> Taken from 24 paychecks per year.

Kansas City and Great Bend premiums will align over time.



## Vision coverage

You have a choice of two vision plans through VSP: Basic or Plus. The Plus plan offers lower copays and a higher allowance for frames and contacts, and has higher per-paycheck premiums. Whether or not you choose vision insurance, The University of Kansas Health System Eye Center locations (Medical Pavilion, 39th and Rainbow campus and 7400 State Line Road) offer discounts to employees and family members for LASIK surgery, eye glasses and contacts. For details call 913-588-6600 or visit the Benefits Connection website.

## In-network benefit summary for vision insurance

	Basic Plan	Plus Plan			
Eye exam	\$20 copay (children may receive 2 well-vision exams per year)	\$0 copay			
Retinal screening	\$39 \$25 at VSP Premier Max locations	\$39 \$25 at VSP Premier Max locations			
Materials	\$30 copay	\$25 copay			
Frames	Every other calendar year for adults (every calendar year for children)	Every calendar year			
Frame allowance (prescription or nonprescription, e.g., sunglasses or blue-light glasses)	Up to \$175 after materials copay Featured VSP frames: \$225	Up to \$200 after materials copay Featured VSP frames: \$250			
Standard lenses	Every calendar year	Every calendar year			
Single vision, lined bifocal, lined trifocal, standard progressive, nonprescription	Covered after materials copay	Covered after materials copay			
Antireflective coating	N/A	Covered after materials copay			
Contact lenses	Every calendar year	Every calendar year			
Fitting and evaluation	Up to \$40 copay	Up to \$40 copay			
Elective contact lens allowance	\$150	\$200			
Hearing aids					
Discounts	VSP plan members, dependents and extended family members can save 30-60% on digital hearing aids.  Visit TruHearing.com/VSP or call 877-372-4040.				

## Per-paycheck premiums for vision insurance

Per-Paycheck Premiums*	Basic Plan	Plus Plan
KANSAS CITY (INCLUDING		
	Employee pays	Employee pays
Employee only	\$3.41	\$10.45
Employee + spouse	\$5.47	\$16.75
Employee + children	\$5.37	\$16.45
Employee + family	\$8.83	\$27.01

<sup>\*</sup> Taken from 24 paychecks per year.

## **Pretax savings accounts**

The accounts listed in the chart below can save you money because you can set aside pretax dollars from your paycheck to cover qualified expenses that you would normally pay with after-tax dollars.

The health system offers these tax-advantaged accounts through Fidelity, the same partner who administers our retirement plans. Access your accounts anytime with Fidelity's mobile app, NetBenefits.

	Health savings account (HSA)	Healthcare flexible spending account (FSA)	Dependent care flexible spending account (FSA)
Who can open the account?	Benefit-eligible employees who elect the HSA Advantage Medical Plan.	Benefit-eligible employees who are not enrolled in the HSA Advantage Medical Plan.	Any benefit-eligible employee.
Why should I open an account?	To save for future healthcare expenses in 2024 and beyond. Money goes in tax-free, is invested tax-free and can be used to pay for qualified medical, dental and vision expenses. The health system contributes \$500 for employee-only coverage; \$1,000 for family.	To save for healthcare expenses expected in 2024. The money you set aside in the FSA is not subject to payroll taxes, so you take home more of your paycheck.	To save for dependent care expenses expected in 2024. The money you set aside in the FSA is not subject to payroll taxes, so you take home more of your paycheck.
How can I use the money?	To pay for medical, dental and vision expenses including deductibles, coinsurance, prescriptions and other eligible expenses.	To pay for medical, dental and vision expenses including deductibles, coinsurance, prescriptions and other eligible expenses.	To pay for eligible expenses at licensed day or elder care centers, nursery schools, day camps and home care with valid tax ID numbers.
What if I don't use all the money in 2024?	All unused funds roll over each year.	Any unused funds are forfeited. You have until April 30, 2025, to submit claims for eligible expenses incurred Jan. 1, 2024—Feb. 28, 2025.	Any unused funds are forfeited. You have until April 30, 2025, to submit claims for eligible expenses incurred Jan. 1, 2024—Feb. 28, 2025.
When can I use the money in my account?	Money you contribute from each paycheck is available as soon as it's added to your account. Funds provided by the health system are available the first week in January or, for newly eligible employees, as soon as their account is activated.	Your total annual elected amount is available for you to use beginning Jan. 1, 2024.	Money you contribute from each paycheck is available as soon as it's added to your account.
Can I invest the money in my account?	Yes	No	No
How much can I contribute?	\$4,150 individual, \$8,300 family. Age 55 and over can contribute an extra \$1,000.	\$3,050	\$5,000

## Additional coverage

# Life insurance and insurance for accidental death and dismemberment (AD&D)

The health system provides, at no cost to you, basic life insurance and accidental death and dismemberment (AD&D) insurance. The AD&D benefit provides a payment in the same amount as the employee's basic life coverage if there is loss of life in an accident. It also provides a benefit for a debilitating injury due to a covered accident.



Group term life and AD&D benefit – The Hartford (provided by the health system)			
Benefit	1.5 times base salary (rounded up to the next highest \$1,000)		
Maximum	\$1,500,000		

#### Supplemental life and AD&D

You can buy extra life insurance for yourself, spouse and/or children as well as extra AD&D insurance for yourself.

During this annual enrollment period for 2024 benefits, employees have a *one-time opportunity* to elect supplemental life insurance for themselves and/or their spouse up to the guaranteed issue amount without a requirement to provide evidence of insurability (EOI). This will apply even if you have been denied before and will allow you to continue this benefit as long as you would like.

Enrolling for coverage greater than the guaranteed issue amount, or electing it at other times of the year, will still require evidence of insurability.

To know your cost, go to the Benefits Connection website and click "Enroll Now" during your enrollment period.

Supplemental group term life and AD&D benefit insurance — The Hartford (for employee purchase)			
Supplemental life benefit	Employee: Lesser of 5 times salary or \$500,000 (increments of \$5,000). Guaranteed issue: \$200,000.  Spouse: \$100,000, not to exceed 100% of the employee amount of basic and supplemental life insurance (increments of \$5,000). Guaranteed issue: \$30,000.  Dependent children: \$5,000 or \$10,000 (ages 2 weeks to 26 years). All amounts guaranteed.		
Supplemental AD&D benefit	Employee: The lesser of 10 times salary or \$500,000 (increments of \$10,000).		

#### Whole life insurance

You also have the option to buy an additional plan for whole life insurance through Boston Mutual for you, your spouse, children and/or grandchildren. You can buy this coverage at any time of year; call the benefits help line at 888-494-9119.

## Additional coverage

#### Disability insurance

#### Long-term disability

The health system provides long-term disability (LTD) at no cost to you for long-term covered injury or illness. For eligible employees, the LTD benefit pays 60% of base earnings up to \$15,000 per month, providing income protection after 6 months of a covered short-term disability.

#### **Short-term disability**

In the event of a short-term disability (STD), you have financial protection paid for by the health system. Our Basic STD policy pays a percentage of your weekly income for up to 6 months while you are out of work after a nonwork-related accident, pregnancy or illness. You are automatically enrolled in Basic STD coverage at no cost to you.

You can choose more STD coverage with the STD buy-up plan that's paid for by both you and the health system.

During this annual enrollment period for 2024 benefits, employees have a *one-time opportunity* to enroll in the STD buy-up plan without a requirement to provide evidence of insurability (EOI) this year. Only during this enrollment period, this will apply even if you have been denied for this coverage previously. If you want to choose the buy-up option in a future year, you will be required to provide evidence of insurability (EOI) by completing an online medical history questionnaire with The Hartford at that time. A pre-existing condition, including pregnancy, could result in a denial for the buy-up option.

	Basic short-term disability	Buy-up short-term disability
Benefit percentage	40% of weekly base earnings*	662/3% of weekly base earnings*
Maximum weekly benefit	Up to \$1,500	Up to \$2,500
Employee cost	\$0	Premium based on weekly earnings. To know your cost, go to KansasHealthSystemBenefits.com and click "Enroll Now" during your enrollment period.

<sup>\*</sup>Taxed when paid to employee (applies to first 40% of buy-up option as well).

Note: Employees must maintain 0.5 FTE for six months before being eligible for STD benefits.

## **Additional coverage**

#### Optional benefits available for purchase

**Hospital indemnity insurance** pays a benefit when you are hospitalized to pay out-of-pocket expenses and extra bills. The benefit is paid directly to you in a lump sum based on the length and level of care needed.

Per-Paycheck Premiums*	Employee Pays
Employee only	\$11.81
Employee + spouse	\$24.51
Employee + children	\$22.80
Employee + family	\$37.13

<sup>\*</sup> Taken from 24 paychecks per year.

**Accident insurance** pays specific amounts for expenses related to nonwork-related accidents and injuries. Hospitalization, physical therapy, intensive care, transportation and lodging are some of the out-of-pocket expenses covered.

Per-Paycheck Premiums*	Employee Pays
Employee only	\$5.24
Employee + spouse	\$8.23
Employee + children	\$8.87
Employee + family	\$13.91

<sup>\*</sup> Taken from 24 paychecks per year.

**Critical illness insurance** works with medical insurance by helping you pay the direct and indirect costs of a critical illness or event. Conditions covered include heart attack, stroke, major organ transplant, kidney failure, paralysis and some types of cancer. The premiums will be determined by a number of factors including demographics and the amount of coverage. To know your cost, go to the Benefits Connection website and click "Enroll Now" during your enrollment period.

**Identity theft protection:** Allstate Identity Protection provides comprehensive personal data protection, ID theft and fraud protection, medical ID theft protection, child theft protection, and assistance and restoration. The cost is \$4.98 per pay period for employee-only coverage; \$8.98 for family (taken out of 24 paychecks per year).

Prepaid legal services: Whether you are buying a home, drawing up a will or need legal advice, MetLife Legal can give you easy access to experienced attorneys. You can also receive a wide range of covered legal services at an affordable price. The cost is \$9.13 per pay period (taken out of 24 paychecks per year) to cover you and your family members.

## **Enrollment starts October 9**

# To select your benefits, starting Monday, October 9, go to KansasHealthSystemBenefits.com and click "Enroll Now."

When you click "Enroll Now," you will be taken to the benefits enrollment website at bSwift. To enter that site, put in your username and password. If you don't remember your password or have trouble logging in, click "Forgot Password." For other login help, call 888-494-9119.

Once you are logged in to the benefits enrollment website, click "Start Your Enrollment" on the homepage and follow the steps below.

## 1) Verify your information.

- Enter your family information, including eligible dependents (you'll need their name, birth date with year and Social Security number).
- If your address or other personal information is incorrect, please update it in Workday.

## (2) Choose your benefits.

- For each benefit, you can sign up or decline coverage.
- Select the benefit you want, click View Plan Options to sign up for the plan and who will be covered. Once you've made your choice, click Select.
- If you don't want a benefit, click I don't want this benefit (waive).

#### (3) Review and confirm.

- Enter (or update) your beneficiaries for life insurance and AD&D insurance. Name who should
  get benefits from these plans in the event of your death. If you don't add a name, the default
  will be your estate.
- Double-check and save all your benefit selections. To finish, click I agree, and I'm finished with my enrollment; then click Complete Enrollment.

## (4) Finish.

• **CRITICAL STEP**: Save your benefit choices and you'll see a page listing your choices. Click the icon to either print or email your confirmation and save it for your records.

For copies of the 2024 health plan notices and/or CHIP (Children's Health Insurance Program) notice, visit KansasHealthSystemBenefits.com and click Legal Notices on the top menu. For hard copies, you may contact the HR Support Center: AskHR@kumc.edu or 913-945-6500 (7 a.m.-5 p.m. CT, Monday-Friday).

Remember to sign up (or decline) by 5 p.m. CT on Friday, October 27. After that, it will be too late to have benefits for all of 2024 unless you have a qualifying life event.



## MANY WAYS TO GET HELP

Deciding which benefits to choose (or decline) can be hard and the sign-up process may get confusing. The good news is there are lots of ways to get help from your Benefits team. Use these resources to make your life easier!

- Benefits Connection website: KansasHealthSystemBenefits.com. Find full details about each benefit under "Explore Your 2024 Benefits." You do not need a password or to be on the health system network spouses are welcome to use the site.
- (a) Benefits telephone help line: 888-494-9119 (Opción en español disponible)
  - Monday-Friday, 8 a.m.-5 p.m. CT, with expanded hours starting at 7 a.m. during the enrollment period (October 9-27).
- (>) Benefits help email: BenefitsConnection@kumc.edu
- Information tables: Stop by to get your questions answered. Information tables will be at various locations during enrollment (October 9-27). Find the schedule on the Benefits Connection website.
- Meet with a benefits specialist: In this one-on-one meeting, you will have your questions answered and get help enrolling in benefits.
  - To schedule a time, visit the Benefits Connection website.
  - To prepare for a productive meeting, complete the planning checklist, review benefits details on the Benefits Connection website and make a list of your questions.



YOU MUST SIGN UP FOR (OR DECLINE) BENEFITS FOR 2024 BY **5 P.M. CT ON FRIDAY, OCTOBER 27.** 

After that, it will be too late to have benefits for all of 2024 unless you have a qualifying life event.

## TO SIGN UP VISIT $\rightarrow$

The Benefits Connection website at **KansasHealthSystemBenefits.com** 





