



THE UNIVERSITY OF KANSAS HEALTH SYSTEM

# BENEFITS GUIDE 2022



TAKE CARE OF



**YOU**

2022 **BENEFITS**

## Choosing benefits that work for you and your family

As a member of The University of Kansas Health System team, you are the reason behind our ability to provide the best care in the region. We want to honor your commitment by investing in you with robust benefits that help you take care of yourself and your family.

We encourage you to spend time with your 2022 Benefits Guide to understand the many choices available, including some benefits provided at no cost to you. From health and wellness, to financial peace of mind, to services that help you balance the demands of work and personal obligations, you will find benefits available to help you take care of you.

Please use this guide and the other resources we offer to take full advantage of these offerings and make choices that are right for you.

## Your Human Resources team is here to help you.

- Benefits help line: **888-494-9119**
- Benefits email: **benefitsconnection@kumc.edu**
- One-on-one **enrollment assistance sessions by phone and video conference**
- Benefits website: **kansashealthsystem.bswift.com**
- Benefits Connection portal: **kansashealthsystembenefits.com**

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## Investing in you

Dear health system employee,

Our formula for success starts with you. You provide direct care for patients, providing the highest quality of care and service. You are responding to a phone call or email, making sure patients can see our providers, understand their bills, and access their medical records. You work behind the scenes, operating our systems and processes, supporting those caring for patients. You have always demonstrated a remarkable commitment to our patients and their families, but your care and service during the pandemic has been unparalleled. We are grateful for everything you do.

We design these benefits with thoughtful intent to help you take care of yourself and your family. We work to provide competitive, cost-effective benefits to support your physical and mental health, while keeping your share of the cost affordable.

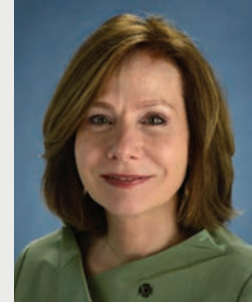
Please invest in yourself by taking time to research your benefits options. You will find planning tools, informational resources, and access to help from our benefits team in one convenient portal, Benefits Connection, at [kansashealthsystembenefits.com](https://kansashealthsystembenefits.com).

Thank you for all you do to support our patients, our community and each other.

Be well,

Julie Celano, MS, MEd  
Senior Vice President  
Chief Human Resources Officer

Tammy Peterman, MS, RN, FAAN  
President, Kansas City Division  
Executive Vice President, Chief Operating Officer  
and Chief Nursing Officer



**Julie Celano**



**Tammy Peterman**



## Why benefits enrollment is important

The University of Kansas Health System offers a variety of benefits to help you take care of yourself and your family. New employees, those newly benefit-eligible and those with qualifying life events must log in through the benefits website, [kansashealthsystem.bswift.com](https://kansashealthsystem.bswift.com), to choose your benefits or to waive coverage.

New employees and those newly eligible due to a status change have 30 days from the hire or status-change date to enroll or waive coverage.

The choices you make during benefits enrollment will be in effect for the entire year of 2022 unless you have a qualifying life event.

### Qualifying life events include:

- Marriage or divorce
- Birth or adoption of a child
- Gain or loss of other coverage
- Change in your dependent's eligibility status
- Change to benefit-eligible status

You have 30 days from the qualifying life event to enter the life event on the benefits website. If you have questions, call the benefits help line at **888-494-9119**.

You'll need to provide proof of the qualifying life event (such as marriage certificate, divorce decree, birth certificate, gain or loss of coverage letter) to make the change.

### Questions?

Benefits Connection portal:  
[kansashealthsystembenefits.com](https://kansashealthsystembenefits.com)  
Benefits help line: 888-494-9119  
Benefits email: [benefitsconnection@kumc.edu](mailto:benefitsconnection@kumc.edu)





## Why benefits enrollment is important

### Who is eligible for benefits?

Regular full-time or part-time (0.5 FTE or above) employees are eligible to participate in medical, dental and vision coverage; health savings account and flexible spending accounts; and other health system benefits on the first day of the month following 30 days of employment. For disability benefits, employees (0.5 FTE and above) are eligible on the first day of the month following 6 months of employment.

#### Eligible dependents include:

- Legal spouse.
- Children under age 26, born to or lawfully adopted by you or your spouse, and/or a child for whom you or your spouse is the legal guardian.
- Disabled children age 26 or older, born to or lawfully adopted by you or your spouse, who are incapable of self-support, provided the disability began before age 26.
- A child for whom healthcare coverage is required through a qualified medical child support order or other court or administrative order.



## How do I enroll in benefits?

Enrolling is convenient and easy with our benefits website. It is designed to work on your phone or any mobile device, as well as a desktop computer. To see your benefit options and to enroll, go to [kansashealthsystem.bswift.com](https://kansashealthsystem.bswift.com) and enter your username and password. If you don't remember your password or are having trouble logging in, please click the **"Forgot Password"** link to reset it. For further help, call **888-494-9119**.

You can enroll in 4 easy steps.  
Click **"Start Your Enrollment"** on the homepage.

### 1. Verify your information

- This is where you'll enter or update your family information, including adding eligible dependents. You will need their name, birth date and Social Security number.
- If your address or other personal information is incorrect, please update it in Workday.

### 2. Choose your benefits

- For voluntary benefits, you have the option to enroll or waive coverage.
- Select the benefit you want, click on the **View Plan Options** button to select the plan and who will be covered on the plan. Once you've made your selection, click **Select** to continue your enrollment.
- To waive coverage for a benefit plan, click on the **I don't want this benefit (waive)** button to save.





## How do I enroll in benefits?

### 3. Review and confirm

- Enter or review your beneficiaries for Life and AD&D insurance and HSA, if applicable. Designate whom you would like to receive benefits from the Life and AD&D plans you are enrolled in. If none are added, the default will be your estate.
- Review and save all your benefit selections. Complete your benefit enrollment by checking the **I agree, and I'm finished with my enrollment** box and then clicking the **Complete Enrollment** button.

### 4. Complete

- Save your benefit elections. You'll be directed to your final confirmation statement. It is important that you save a record of your confirmation. Please click on the icon for your preference of print or email confirmation.

## How much time do I have to enroll?

New employees have 30 days from their date of hire to enroll in or waive benefits.

**All employees must log in and choose to enroll or waive 2022 benefits.**



## Medical plan benefits

### Medical plan details

The health system offers employees the choice of two plans for medical coverage. As you determine which is best for you and your family, here are some tips to help you navigate the chart showing your medical plan choices.

First, think about your expected medical and prescription expenses in 2022 and consider the possibility of unexpected expenses. Compare each plan and how the amount of per-paycheck premiums, deductibles, copays, coinsurance and out-of-pocket maximums will work for you (see below for definitions of those terms).

#### Key definitions and abbreviations

- **Ded** = Annual deductible, the amount of covered expenses an individual or family must satisfy before benefits are paid for by the plan.
- **Coins** = Coinsurance, the portion of an allowable charge the member pays once the deductible has been satisfied.
- **Copay** = Copayment, the dollar amount the member pays at the time of service in the Signature Plan.
- **Out-of-pocket maximum** = The most you'll pay for covered services in the plan year (2022).
- **Premium** = The per-paycheck cost of the medical plan. The health system and employees share the cost of coverage, with the health system paying most of the cost.
- **Health system network** = We want our employees to receive the best healthcare in the state; therefore you will pay less for care with health system providers and facilities.
- **In-network** = Providers and facilities in the network of your medical plan. See pages 15-17 for information about the networks offered for the HSA Advantage and Signature plans.
- **Out-of-network** = Providers and facilities not included in the networks of your plan, resulting in higher cost to you.



## Medical plan benefits

SUMMARIES	HSA Advantage Plan			Signature Plan		
	BlueSelect Plus network			BlueSelect Plus network		
	Health system network	In-network	Out-of-network	Health system network	In-network	Out-of-network
<b>ANNUAL DEDUCTIBLE</b>						
Single	\$1,500	\$3,000	\$6,000	\$400	\$1,500	\$2,000
Family	\$3,000	\$6,000	\$12,000	\$800	\$3,000	\$4,000
<b>OUT-OF-POCKET MAXIMUM</b>						
Single	\$4,000	\$4,000	\$19,800	\$4,000	\$4,000	\$10,500
Family	\$8,000	\$8,000	\$39,600	\$8,000	\$8,000	\$21,000
Member coinsurance	10%	30%	40%	10%	30%	40%
<b>OFFICE VISIT</b>						
Primary care (in-office or virtual visit)	Ded+10% coins	Ded+30% coins	Ded+40% coins	\$20 copay	\$30 copay	Ded+40% coins
Specialist (in-office or virtual visit)	Ded+10% coins	Ded+30% coins		\$40 copay	\$60 copay	
Routine preventive care	Covered at 100%	Covered at 100%		Covered at 100%	Covered at 100%	
Outpatient therapy (speech, hearing, physical, occupational)	Ded+10% coins	Ded+30% coins		\$40 copay	Ded+30% coins	
Urgent care	Ded+10% coins	Ded+30% coins		\$40 copay	\$60 copay	
<b>INPATIENT/OUTPATIENT SERVICES</b>						
Emergency department	Ded+10% coins	Ded+30% coins	Ded+30% coins*	Ded+10% coins	Ded+30% coins	Ded+30% coins*
Inpatient hospital services			Ded+40% coins			Ded+40% coins
Outpatient hospital services						
High-tech radiology services (MRI, CT, PET scan)						

\*To ensure access to emergency care, coinsurance will be applied after the member meets the deductible for in-network care.



## Medical plan benefits

### Kansas City

PER-PAYCHECK PREMIUMS*	HSA Advantage Plan		Signature Plan	
	BlueSelect Plus network			
	Employee pays	Health system pays	Employee pays	Health system pays
<i>KANSAS CITY ONLY</i>				
Employee only	\$32.00	\$365.15	\$60.00	\$335.13
Employee + spouse	\$135.00	\$659.30	\$205.00	\$585.27
Employee + children	\$110.00	\$627.85	\$175.00	\$556.00
Employee + family	\$185.00	\$1023.24	\$285.00	\$939.91

The health system strives to keep your share of benefit costs affordable. As we continue to integrate the Kansas City and Great Bend divisions, some premium differences remain due to previous medical and dental plan designs. Efforts to align premiums across divisions will continue with the goals of employee affordability and harmonization driving the timing.

### Great Bend

PER-PAYCHECK PREMIUMS*	HSA Advantage Plan		Signature Plan	
	BlueSelect Plus network			
	Employee pays	Health system pays	Employee pays	Health system pays
<i>GREAT BEND ONLY</i>				
Employee only	\$32.00	\$365.15	\$60.00	\$335.13
Employee + spouse	\$93.00	\$701.30	\$205.00	\$585.27
Employee + children	\$75.00	\$662.85	\$140.00	\$591.00
Employee + family	\$124.00	\$1084.24	\$285.00	\$939.91

\*Deducted from 24 paychecks per year.



## Medical plan benefits

### Spousal surcharge

If you are enrolling your spouse in the health system's medical plan, you will be asked if your spouse has access to medical coverage through his or her employer.

- If your spouse has access to another employer's medical plan and you enroll your spouse in our health system's medical plan, you will be charged an additional \$50 per paycheck.

### Free wellness support for spouses

When your spouse is also enrolled in your health system medical plan, they are eligible to participate in our wellness program – for free!

The power-packed It's About You portal has rich resources for all aspects of wellness. Your spouse has all-access to the portal and can download the app for tools ranging from recipes and meal planning to educational videos. They can track their health data and participate with you in the health system group challenges.

For instructions on how your spouse can enroll, email [wellness@kumc.edu](mailto:wellness@kumc.edu).



## Medical plan benefits

### Save money with smart choices

Understanding how you and/or your family uses healthcare can help you make wise decisions when choosing your medical plan now.

#### Deductibles

If you cover dependents on your plan, there are important differences to understand about how deductibles are calculated in each medical plan.

- **HSA Advantage Plan** uses an aggregate deductible. This means the family deductible must be met before the health plan's coinsurance covers expenses for any one covered member. Therefore, a family member with high medical expenses could contribute the entire family deductible amount before any coinsurance kicks in.
- **Signature Plan** uses an embedded deductible, which means that once a covered member meets the individual deductible, the health plan's coinsurance covers his/her expenses, even if the full family deductible amount has not been met.



## Medical plan benefits

### In-network care

There are also important considerations when receiving care throughout the plan year to help you save money.

We are proud of the care we provide at The University of Kansas Health System, which is why the health system network has the lowest cost to you. The second lowest cost is for in-network providers. The health system network deductible and out-of-pocket maximum will accumulate with the in-network deductible and out-of-pocket maximum.

### Out-of-network care

If you choose an out-of-network provider, your costs will be significantly higher. Here are some factors that impact your share of the cost:

- **Higher out-of-pocket costs:** The deductible, coinsurance and out-of-pocket maximum are highest for out-of-network care.
- **Independent deductible and out-of-pocket maximum:** The amount you pay for out-of-network care does not accumulate with expenses incurred when you use health system or in-network providers for the purpose of meeting your deductible or your out-of-pocket maximum.
- **Balance billing:** This happens when you visit providers who are out-of-network and are not in the Blue Cross and Blue Shield network. These providers may charge you for the amount your medical plan does not cover – the difference between the billed amount and the allowed amount (the maximum your plan will pay for the service). For example, if the provider's charge is \$100 and the allowed amount is \$70, you may be responsible for the \$30 difference (after you meet your deductible and pay your coinsurance or copay).







## Medical plan benefits

### Provider networks for the medical plans

Below is an overview of the providers in each of the three network categories for both health plans. For the most current information and to find an in-network provider, visit [myhealthtoolkitkc.com](https://myhealthtoolkitkc.com).

#### 1. Health system network

Always your lowest-cost option, this includes facilities and providers for covered services within The University of Kansas Health System in the Kansas City metro and Great Bend areas.

#### 2. In-network

Both medical plans offer access to a variety of providers and facilities for covered services through the Blue Cross and Blue Shield network.

- **Kansas City metro area:** through the Blue Select Plus network, both medical plans give you access to more than 4,100 providers at facilities including:

- AdventHealth Shawnee Mission
- Children’s Mercy (Hospital Hill and South)
- North Kansas City Hospital
- Truman Medical Center
- Cameron Regional Medical Center
- Liberty Hospital
- Olathe Medical Center
- (Hospital Hill and Lakewood)

- **Greater Kansas and nationwide:** The Blue Card PPO offers in-network coverage in greater Kansas and nationwide (excluding a designated 10-county area in Missouri, east of Kansas City\*).

#### 3. Out-of-network

Any provider or facility not included in the categories listed above (such as HCA and Saint Luke’s) is considered out-of-network and will result in higher cost to you. To ensure your provider is in-network, visit [myhealthtoolkitkc.com](https://myhealthtoolkitkc.com).

\*For details, visit [kansashealthsystembenefits.com](https://kansashealthsystembenefits.com).



## Medical plan benefits

### Finding care

To help manage your costs, it's important that you use providers and facilities that are in-network for the medical plan you choose. We have some easy ways for you to determine what is in-network when you need care.

1. Use the **My Health Toolkit** mobile app.
  - Download the app from the App Store or Google Play.
  - In the mobile app, select "**Find Care**" in the bottom right corner.
2. Visit **myhealthtoolkitkc.com**.
  - Click "**Find a Provider**."
3. Call **Blue Cross and Blue Shield Customer Service** at **833-468-3590**.
4. To find information on facilities and providers in the health system:
  - **KANSAS CITY**
    - For primary care providers, visit **kansashealthsystem.com/findadoc**.
    - For specialists and locations, visit **kansashealthsystem.com** then click "**Find a Doctor**" or "**Find a Location**."
  - **GREAT BEND**
    - To find providers and locations, visit **gbregional.com** then click "**Providers**" or "**Find a Location**."

#### Primary care in the Kansas City metro area

The Centrus Health Kansas City network provides access to primary care, internal medicine and pediatrics at a variety of locations in the Kansas City metro area. This network allows access to these providers at the health system network cost for a primary care office visit/copay only, depending on the medical plan you are enrolled in. Please keep in mind there is the potential for greater member costs for labs or X-rays ordered by one of these providers. Services or care received with a specialist at one of these locations will be at greater cost to the member as this would fall into a higher cost network tier.

To find a primary care, internal medicine or pediatrician provider in the Centrus network, please visit **centrushealth.com/find-a-provider**.



## Medical plan benefits

### Help finding a primary care provider

Just as patients turn to us for their healthcare needs, you need a partner to help ensure your best health. All employees are encouraged to have a primary care provider for expert help, guidance on health issues, making diagnoses, prescribing and managing medications and managing ongoing conditions.

The health system offers a concierge service, available to employees and their dependents, to help find a provider for this important relationship. Take advantage of this service to find a primary care provider that is part of the health system, thereby ensuring lower cost for you. Our access specialists will help you find providers in:

- Family medicine
- General internal medicine
- Pediatrics

### We make it easy for you

Our expert call center staff is available to help you find primary care providers for you and your dependents. To get help:

- Call **913-574-0400**
- Email **[employeescheduling@kumc.edu](mailto:employeescheduling@kumc.edu)**








## Medical plan benefits

### The right care when you need it

Regardless of which medical plan you choose, choosing the right care at the right time and in the right place helps you get the treatment you need at the most effective cost for you. How do you choose which type of facility to use?

Where to go for care			
CARE	COST	TIME	TYPE OF CARE
Primary		In-person or telehealth visit by appointment during regular office hours.	Routine care, preventive care and treatment, referral to specialists.
Urgent		In-person visit, no appointment needed. Telehealth visit by request through MyChart. Urgent care hours vary by location.	Medical problems that require attention but are not serious enough for emergency care. Stitches, simple fractures and sprains, respiratory difficulties, sore throats, coughs, fever, rashes, minor injuries, headaches, vomiting and flu-like symptoms.
Emergency		24 hours a day – waits for less severe needs can be extensive.	Cardiac, trauma, life-threatening injuries or illness.

## Medical ID cards

All employees enrolled in the HSA Advantage Plan or Signature Plan will receive a new ID card from Blue Cross and Blue Shield mailed to their home address. ID cards will only be issued in the policyholder's name and can be used for all covered dependents.

**New:** deductibles and out-of-pocket max information will be listed on the ID card.

**BlueCross® BlueShield®** THE UNIVERSITY OF KANSAS HEALTH SYSTEM

SUBSCRIBER'S FIRST NAME  
SUBSCRIBER'S LAST NAME

Member ID  
XXX123456789012

RxBIN **021684**  
RxGRP **BXMN**

	INDIVIDUAL	FAMILY
IN-NETWORK DEDUCTIBLE	\$XX,XXX	\$XX,XXX
OUT OF POCKET	\$XX,XXX	\$XX,XXX
OUT OF NETWORK DEDUCTIBLE	\$XX,XXX	\$XX,XXX
OUT OF POCKET	\$XX,XXX	\$XX,XXX

MyHealthToolkitKC.com **PPO**

Blue Cross and Blue Shield of Kansas City provides administrative services only and does not assume any financial risk for claims.

Blue Cross and Blue Shield of Kansas City is an independent licensee of the Blue Cross and Blue Shield Association.

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## Medical plan benefits

### MyChart helps you manage your care

When you receive care within the health system network, you have the ability to use MyChart, a mobile and web-based portal that allows you to communicate with your health system care team and see your records.

- Schedule appointments.
- Urgent care video visits.
- Communicate with your care team.
- Refill your prescriptions.
- Pay your bills and copays.
- Request or share your health records.
- Request and access records for minor children, aging parents and family members.
- And more.



To use MyChart, visit [mychart.kansashealthsystem.com](https://mychart.kansashealthsystem.com) or download the MyChart app from the App Store or Google Play. Click the “Sign Up Now” button and provide some brief identification information. If you have a recent bill or after-visit summary, use the access code provided.

If signing up online doesn’t work for you, ask your care team to help you at your next appointment.

For help with **MyChart**, call **913-588-4040** or email [mychart@kumc.edu](mailto:mychart@kumc.edu).



## Medical plan benefits

### Additional help for medical expenses

#### Hospital indemnity insurance – The Hartford

Hospital indemnity insurance provides financial protection by paying a benefit when you are hospitalized. Employees can use the benefit to meet out-of-pocket expenses and pay extra bills. Lump-sum benefits are paid directly to you based on the length and level of care needed. Dependent coverage is also available.

#### Critical illness insurance – The Hartford

Critical illness insurance helps supplement major medical coverage by helping you pay the direct and indirect costs associated with a critical illness or event. Conditions covered under this benefit include heart attack, stroke, major organ transplant, kidney failure, paralysis and some types of cancer. Coverage is available for you, your spouse and your children.

#### Accident insurance – The Hartford

With accident insurance, specific benefit amounts are paid for expenses resulting from nonwork-related accidents and injuries. Hospitalization, physical therapy, intensive care, transportation and lodging are some of the out-of-pocket expenses accident insurance covers. Coverage is available for you, your spouse and/or your children.

### Want to enroll in these voluntary benefits?

Visit the benefits website at [kansashealthsystem.bswift.com](https://kansashealthsystem.bswift.com) or call the benefits help line at **888-494-9119** during your initial enrollment period..





## Prescription drug benefits

### The health system pharmacy should be your first choice

The health system pharmacy is the exclusive provider for two types of medications:

- Maintenance – medications requiring long-term, regular use to treat a chronic health condition
- Specialty – high-cost medications used to treat a chronic or complex health condition

We encourage employees to use the health system pharmacy for all of your prescription needs. The pharmacy has multiple locations, yet you do not need to visit in person to receive your prescriptions. Health system pharmacy offers:

- Ability to fill, refill and transfer prescriptions electronically (see page 28)
- Free, fast delivery to your home
- Expert counseling by phone, email or in person

**You are required to fill prescriptions for maintenance and specialty medications at the health system pharmacy.**

### Tips to get the most from your pharmacy benefit

You have options for how you fill prescriptions. Making smart choices will save you time and money.

1. For any drug you are prescribed, see if there is an equivalent version at a lower cost. The goal is to provide optimal treatment outcomes with the safest and most cost-effective medications. Ask your doctor or pharmacist if there is an effective substitution.
  - Generic drugs offer the best price and are required by the Food and Drug Administration to work like the brand-name version.
  - Drugs listed as preferred brands are brand-name medications that cost more than a generic medication, but would be less than a nonpreferred brand.
2. Save time by having your medications delivered to your home, especially those you use regularly. Remember that the health system pharmacy offers free delivery.
3. Save money by filling medications for your acute needs such as antibiotics, cough medicines, steroids, etc., at the health system pharmacy, which has the lowest copay and coinsurance. For Great Bend, the Medical Park Pharmacy can also offer the most cost-effective option for your acute medication needs.



## → Prescription drug benefits

### What do I pay for my prescription drugs?

The amount you pay will depend on several important factors: which medical plan you choose, where you fill your prescription, the type of medication and the day supply.

The health system pharmacy provides the best price and is the most convenient. You can fill new and existing prescriptions electronically (see page 28) and have your prescriptions delivered to your home free of charge.

To help you and the health system manage costs, the health system pharmacy is the exclusive provider of maintenance and specialty medications. Below is a summary of employee cost for each medical plan and different pharmacies (health system or an in-network location).

	HSA Advantage Plan <sup>^</sup>		Signature Plan			
	Health system pharmacy	In-network pharmacy*	Health system pharmacy		In-network pharmacy*	
<b>Acute (short-term) prescriptions</b>	Up to a 102-DAY SUPPLY	Up to a 102-DAY SUPPLY	Up to a 34-DAY SUPPLY	35-102-DAY SUPPLY	Up to a 34-DAY SUPPLY	35-102-DAY SUPPLY
Generic/tier 1	Deductible +10% coinsurance	Deductible +30% coinsurance	\$5 copay	\$10 copay	\$25 copay	\$50 copay
Preferred brand/tier 2**			\$30 copay	\$60 copay	\$55 copay	\$110 copay
Nonpreferred brand/tier 3**			\$65 copay	\$130 copay	\$90 copay	\$180 copay
<b>Maintenance prescriptions</b>	Up to a 102-DAY SUPPLY	Not covered	Up to a 34-DAY SUPPLY	35-102-DAY SUPPLY	Not covered	
Generic/tier 1	Deductible +10% coinsurance		\$5 copay	\$10 copay		
Preferred brand/tier 2**			\$30 copay	\$60 copay		
Nonpreferred brand/tier 3**			\$65 copay	\$130 copay		
<b>Specialty prescriptions</b>	Up to a 34-DAY SUPPLY	Not covered	Up to a 34-DAY SUPPLY		Not covered	
Generic/tier 4	Deductible +10% coinsurance		\$20 copay			
Preferred brand/tier 5**			\$100 copay			
Nonpreferred brand/tier 6**			\$200 copay			

<sup>^</sup> Certain preventive medications are covered at the same copays as under the Signature Plan.

\* You can search for in-network pharmacies at [myhealthtoolkit.com](http://myhealthtoolkit.com).

\*\* Choosing a brand when a generic is available will result in higher cost.

#### What type of prescription do you have?

**Acute** – medications prescribed to treat short-term symptoms for a specified period of time.

**Maintenance** – medications requiring long-term, regular use to treat a chronic health condition.

**Specialty** – high-cost medications used to treat a chronic or complex health condition.



## Prescription drug benefits

### Filling prescriptions at the health system pharmacy

By filling at the health system pharmacy, you can take advantage of three convenient methods for requesting fills or transferring a current prescription. And, if you don't live or work close to one of our pharmacy locations, you can request that your prescriptions be delivered to your home at no additional cost.

#### MyChart

- Refill a prescription by logging in to MyChart and selecting “**Request refills.**” Then select your medications to refill and choose to pick up or have it delivered.
- **MyChart** allows you to manage your medications and receive reminders about your prescriptions.

#### Automated phone system

- Call the automated refill system at the health system pharmacy location of your choice (see page 29).
- Follow the prompts to order refills. Select the option to either pick up your prescription or have it delivered.

#### Email

- Email your refill order to **myrph@kumc.edu**.
- Provide your name and the prescription number printed on the prescription label. State if you plan to pick up your prescription or have it delivered.

#### Did you know?

A health system pharmacist is available for counseling when you fill a prescription. Call **913-588-2371**.



## Prescription drug benefits

### Health system pharmacy locations

The University of Kansas Health System has retail pharmacy locations at these Kansas City-area locations - but there is no need to visit one in person. You may fill a prescription electronically and arrange for free home delivery (see page 28).

Southlake	The University of Kansas Health System, Bell Hospital	The University of Kansas Hospital, Indian Creek Campus	The University of Kansas Hospital, Cambridge Tower A	Westwood Medical Pavilion
11300 Corporate Ave. Lenexa, KS 66219	4000 Cambridge St. Kansas City, KS 66160	10710 Nall Ave. Overland Park, KS 66211	3825 Cambridge St. Kansas City, KS 66160	2650 Shawnee Mission Pkwy. Westwood, KS 66205
913-574-0600	913-588-2361	913-574-4805	913-574-3100	913-945-7700

### Other pharmacies

We encourage you to use the health system pharmacy for your prescriptions (required for maintenance and specialty medications). It's easy to fill a prescription and home delivery is fast and free. There is no health system pharmacy location near Great Bend. Therefore, health system employees may also use the Medical Park Pharmacy for acute medications at the reduced health system rate.

If needed, you may fill prescriptions for acute needs outside the health system through in-network and out-of-network pharmacies. The cost is higher to use one of these nonhealth system pharmacies.

Pharmacy directories are available at [myhealthtoolkitkc.com](http://myhealthtoolkitkc.com).

#### Did you know?

You will almost always pay less when you fill your prescriptions at The University of Kansas Health System pharmacy.



## Dental benefits

The health system offers two plan options through Delta Dental of Kansas. Both dental plans encourage preventive treatment, allowing members to achieve oral health while keeping costs down. Certain medical conditions also allow for additional cleanings. Simply inform Delta Dental of any of these medical conditions to receive this added service: diagnosed periodontal (gum) disease, pregnancy, diabetes, kidney failure or undergoing dialysis or suppressed immune system (due to radiation and/or chemotherapy treatment, HIV, stem cell or bone marrow transplant or organ transplant).

### In-network benefit summary

	Basic Plan	Plus Plan
<b>Plan features</b>		
Employee-only deductible	\$50	\$25
Family deductible	\$100	\$50
Annual plan maximum (per individual)	\$1,500	\$1,500
<b>Diagnostic and preventive services</b>		
Oral exams, X-rays, cleanings, fluoride, space maintainers, sealants	Plan pays 100%, no deductible	Plan pays 100%, no deductible
<b>Basic services</b>		
Oral surgery, fillings, endodontic treatment, periodontic treatment, repairs of dentures and crowns	Plan pays 60% after deductible	Plan pays 80% after deductible
<b>Major services</b>		
Crowns, jackets, dentures, bridge implants	Plan pays 40% after deductible	Plan pays 50% after deductible
<b>Orthodontia services</b>		
Orthodontia (adult and child)	Not covered	Plan pays 50% after deductible
Lifetime orthodontia plan maximum (per individual)	Not covered	\$1,500

There are three network tiers: PPO, Premier and out-of-network. For the lowest out-of-pocket costs, visit a dentist in the PPO network.

To locate a participating in-network dentist, go to [deltadentalks.com](https://deltadentalks.com).



## Dental benefits

### What are my paycheck premiums for dental?

#### Kansas City

PER-PAYCHECK PREMIUMS*		Basic Plan	Plus Plan
<i>KANSAS CITY ONLY</i>			
		Employee pays	Employee pays
Employee only		\$7.49	\$10.44
Employee + spouse		\$20.57	\$27.59
Employee + children		\$18.84	\$26.25
Employee + family		\$38.42	\$53.64

The health system strives to keep your share of benefit costs affordable. As we continue to integrate the Kansas City and Great Bend divisions, some premium differences remain due to previous medical and dental plan designs. Efforts to align premiums across divisions will continue with the goals of employee affordability and harmonization driving the timing.

#### Great Bend

PER-PAYCHECK PREMIUMS*		Basic Plan	Plus Plan
<i>GREAT BEND ONLY</i>			
		Employee pays	Employee pays
Employee only		\$6.79	\$9.50
Employee + spouse		\$20.57	\$27.59
Employee + children		\$14.76	\$20.65
Employee + family		\$27.29	\$36.60

\*Deducted from 24 paychecks per year.



## Vision benefits

You have a choice of two vision plans through VSP. To locate a participating VSP provider, you may call 800-877-7195 or visit [vsp.com](https://www.vsp.com). The VSP Network is "Choice."

### In-network benefit summary

	Basic Plan	Plus Plan
Eye exam	\$25 copay	\$0 copay
Materials	\$35 copay	\$25 copay
<b>Frames</b>	<b>Every 24 months*</b>	<b>Every 12 months</b>
Frame allowance	Up to \$175 after materials copay Featured VSP frames: \$225	Up to \$200 after materials copay Featured VSP frames—\$250
<b>Standard lenses</b>	<b>Every 12 months</b>	<b>Every 12 months</b>
Single vision	Covered after materials copay	Covered after materials copay
Lined bifocal	Covered after materials copay	Covered after materials copay
Lined trifocal	Covered after materials copay	Covered after materials copay
Standard progressive	Covered after materials copay	Covered after materials copay
Antireflective coating	N/A	Covered after materials copay
<b>Contact lenses</b>	<b>Every 12 months</b>	<b>Every 12 months</b>
Fitting and evaluation	Up to \$60 copay	Up to \$60 copay
Elective contact lens allowance	\$150	\$200
<b>Extra savings</b>		
Eye Centers <ul style="list-style-type: none"> <li>• Medical Pavilion, Main Campus</li> <li>• 7400 State Line Road</li> </ul>	\$600 discount per eye for LASIK and 30% off noninsurance-paid glasses in the Optical Shop. Discounts available to health system employees and immediate family members. For more information, call the Eye Center at <b>913-588-6600</b> .	
Hearing aids and discounts	Members, dependents and even extended family members can save 30-60% on digital hearing aids. Visit <a href="https://www.vsp.truhearing.com">vsp.truhearing.com</a> or call <b>877-372-4040</b> .	

\*Children covered under the basic plan are allowed two well-vision exams and one pair of glasses every 12 months.





## Vision benefits

### What are my paycheck premiums for vision?

**Kansas  
City  
and  
Great  
Bend**

PER PAYCHECK PREMIUMS*		Basic Plan	Plus Plan
<i>KANSAS CITY and GREAT BEND</i>			
	Employee pays		Employee pays
Employee only		\$3.41	\$10.45
Employee + spouse		\$5.47	\$16.75
Employee + children		\$5.37	\$16.45
Employee + family		\$8.83	\$27.01

\*Deducted from 24 paychecks per year.

### Reminder

You don't need to provide a card.  
Simply provide your Social Security number at time of service.



## Financial benefits

### Health savings accounts and flexible spending accounts

Health savings accounts (HSA) and flexible spending accounts (FSA) can save you money by allowing you to set aside pretax dollars from your paycheck to cover qualified expenses that you would normally pay out of pocket with after-tax dollars.

The health system offers these tax-advantaged accounts through WEX:

- Health savings account (HSA)
- Healthcare flexible spending account (FSA)
- Dependent care flexible spending account (FSA)

Due to IRS rules, employees may not contribute to both a health savings account and healthcare FSA in the same calendar year. This applies even if you have a change to your medical plan mid-year. In addition, your spouse may not contribute to a healthcare FSA if you are enrolled in the HSA.

**HSA and FSA elections must be made each year.**

**Elections do not roll over from year to year.**

### Spending account overview

Employees cannot contribute to an FSA and HSA in the same calendar year, even if they have a change to their medical plan.

	Health savings account (HSA)	Healthcare flexible spending account (FSA)	Dependent care flexible spending account (FSA)
Who can open the account?	Employees who elect the HSA Advantage Medical Plan.*	Benefit-eligible employees who are not enrolled in the HSA Advantage Medical Plan.	Any benefit-eligible employee.
Why would I open an account?	To save for future healthcare expenses, short- and long-term. Money goes in tax-free, is invested tax-free and can be used to pay for qualified medical, dental and vision expenses without being taxed.	To save on healthcare expenses expected in 2022. Set aside pretax dollars from your paycheck in 2022 rather than using your after-tax earnings on eligible expenses.	To pay for some or all your 2022 dependent care expenses tax-free.
How can I use the money?	To pay for medical, dental and vision expenses including deductibles, coinsurance, prescriptions and other eligible expenses.	To pay for medical, dental and vision expenses including deductibles, coinsurance, prescriptions and other eligible expenses.	To pay for eligible expenses at licensed day or elder care centers, nursery schools, day camps and home care with valid tax ID numbers.

\*Employees enrolled in a healthcare FSA in 2021 need to deplete those FSA funds by Dec. 31, 2021, if they plan to enroll in the HSA Advantage Plan for 2022. Any funds remaining in the healthcare FSA at the end of the year will be forfeited for employees who enroll in the HSA Advantage Plan.



## Financial benefits

Access your FSA or HSA benefits on the go 24/7 with the mobile app by WEX. This free app makes it easy to use your hard-earned dollars and view recent account activity without ever needing to call in. Want to know the status of a recent claim, upload receipts or easily check the balance of your accounts? Log in to the secure app to get answers to those questions and so many more.

	Health savings account (HSA)	Healthcare flexible spending account (FSA)	Dependent care flexible spending account (FSA)
What if I don't use all the money in 2022?	All unused dollars roll over each year, allowing the member to save for both short- and long-term future healthcare expenses.	The 2022 plan year for the Healthcare FSA is Jan. 1, 2022, through Feb. 28, 2023. You have until April 30, 2023, to submit claims for eligible expenses incurred through Feb. 28, 2023. Unused funds are forfeited.	The 2022 plan year for the Dependent Care FSA is Jan. 1, 2022, through Feb. 28, 2023. You have until April 30, 2023, to submit claims for eligible expenses incurred through Feb. 28, 2023. Unused funds are forfeited.
When can I use the money in my account?	Current employees will receive "seed money" on January 1, 2022 (\$500 for employee-only coverage and \$1,000 for family* coverage). New employees and those newly eligible for benefits will receive the seed money when their HSA account becomes effective. Any additional money you contribute from each paycheck is available as it is added to your HSA account.	Your annual elected amount is available for you to use on January 1, 2022.	You can use only funds that are currently in your account, which increase each pay period.
Do I need to keep my receipts?	Yes	Yes	Yes
Is there a debit card?	Yes	Yes	Yes
Can I invest the money in my account?	Yes, after you reach the low investment threshold of \$1,000, you may move HSA funds in \$100 increments from the default cash account to an interest-bearing account.	No	No
2022 contribution limits	\$3,650 individual, \$7,300 family. Age 55 and over can contribute an extra \$1,000.	\$2,750	\$5,000

\*The \$1,000 seed for family coverage applies for employee + spouse, employee + children and employee + family.

**HSA and FSA contributions are taken out of 26 paychecks per year.**



## → Financial benefits - income protection

### Life insurance and AD&D insurance

For your peace of mind and the financial protection of your family, the health system provides, at no cost to you, basic life and accidental death and dismemberment (AD&D) insurance.

The AD&D benefit provides a payment in the same amount as the employee's basic life coverage if there is loss of life in an accident. It also provides a benefit in the event of a debilitating injury due to a covered accident.

Group term life and AD&D benefit – The Hartford	
Benefit	1.5 times base salary (rounded up to the next highest \$1,000)
Maximum	\$1,500,000

You may want to supplement the company-paid life insurance policy with additional coverage. You can choose to purchase supplemental life for yourself, spouse and/or your children and supplemental AD&D for yourself. Go to the benefits website to see your costs for these benefits.

Supplemental group term life and AD&D benefit – The Hartford	
Supplemental life benefit	<b>Employee:</b> Lesser of 5 times salary or \$500,000 (increments of \$5,000). Guaranteed issue*: \$200,000. <b>Spouse:</b> \$100,000, not to exceed 100% of the employee amount of basic and supplemental life insurance (increments of \$5,000). Guaranteed issue*: \$30,000. <b>Dependent children:</b> \$5,000 or \$10,000 (ages 2 weeks to 26 years). All amounts guaranteed.
Supplemental AD&D benefit	<b>Employee:</b> The lesser of 10 times salary or \$500,000 (increments of \$10,000)

\*Enrolling or increasing coverage outside your initial eligibility period, or requesting coverage greater than guaranteed issue, requires evidence of insurability. Supplemental employee and spouse life coverage may be subject to evidence of insurability (EOI). If coverage is increased during annual benefits enrollment, EOI must be submitted prior to January 1 of the next year. Outside of annual benefits enrollment, members have 60 days to submit EOI paperwork. Newly eligible employees may elect up to the guaranteed issue without EOI when enrolling in coverage within 30 days of initial eligibility or status change of dependent (newly added spouse due to marriage). Any amounts over the guaranteed issue are subject to EOI.



## Financial benefits - income protection

### Whole life insurance

Whole life insurance is also available through Boston Mutual. In addition to providing death benefits to your designated beneficiaries, this coverage builds cash value that can be used while you are living. As long as premiums continue to be paid, your rate is guaranteed never to increase, and your benefit will never decrease. Coverage is available for you, your spouse, children and grandchildren. To enroll in this coverage, call the benefits help line at **888-494-9119**.

### Workers' compensation

Workers' compensation benefits are provided to employees for work-related injuries and incidents that occur by accident and arise out of the course and scope of employment with The University of Kansas Health System. These benefits are provided at no cost to employees.

All work-related injuries and incidents must be reported, even when the employee does not want to receive medical treatment or an evaluation. Employees who sustain work-related injuries, exposures or occupational illnesses should immediately inform their supervisor and then take the following steps based on their work location:

#### ***KANSAS CITY:***

- Call the NurseNow triage line at **913-356-5350**.

#### ***GREAT BEND:***

- Call the employee health nurse and follow their guidance on completing the correct forms.

If you don't report an occupational event within 20 days, you may lose your right to workers' compensation benefits. For additional information or questions, email **[workcomphealthsystem@kumc.edu](mailto:workcomphealthsystem@kumc.edu)**.

## → Financial benefits - income protection

### Short-term disability

In the event of a short-term disability (STD), you have financial protection. Our policy provides you with a percentage of your weekly income while you are out of work following a non-work-related accident, pregnancy or illness for up to 6 months. The health system offers two options for this type of coverage: a basic plan paid for completely by the health system and an increased benefit (buy-up plan) that's paid by both you and the health system.

Existing employees must provide evidence of insurability to select the buy-up STD option if they did not elect it during their initial eligibility period. A pre-existing condition, including pregnancy, could result in a denial for the buy-up benefit. The buy-up benefit does not require EOI during your initial eligibility period. NOTE: Employees must maintain 0.5 FTE for 6 months prior to being eligible for short-term disability benefits.

	Basic short-term disability	Buy-up short-term disability
Benefit percentage	40% of weekly base earnings*	66 ⅔% of weekly base earnings*
Maximum weekly benefit	Up to \$1,500	Up to \$2,500
Employee cost	\$0	Premium based on weekly earnings. Go to <a href="http://kansashealthsystem.bswift.com">kansashealthsystem.bswift.com</a> for your cost.

\*Taxed when paid to employee (applies to first 40% of buy-up option as well).

### Long-term disability

In the event of a long-term covered injury or illness, the health system provides long-term disability (LTD) at no cost to you. The LTD policy pays a monthly benefit for eligible employees, providing income protection after 6 months of a covered short-term disability.

	Long-term disability
Benefit percentage	60% of base earnings**
Maximum monthly benefit	\$15,000

\*\*Taxed when paid to employee.



## Financial benefits - retirement

When it comes to your personal well-being, your financial peace of mind is very important. These benefits protect you and your family and help you plan for your future.

### Retirement savings plans

Saving for retirement can help you achieve overall financial wellness. Even small contributions will have big payoffs over time. Saving through the health system’s two retirement savings plans is a great way to accumulate money for a secure retirement. Both retirement plans offer the opportunity for a lower tax bill today and tax-deferred investment growth.

Fidelity Investments is the service provider for the 401(a) and 457(b) retirement plans. With their innovative digital tools, you have convenient access to your accounts, robust education to help you save, excellent customer service and expert financial advising.

#### 401(a) retirement savings plan

The health system provides a 401(a) retirement savings plan to which both you and the health system contribute. Employees are eligible to participate upon hiring, and you are automatically enrolled if you are in a benefit-eligible position (0.5 FTE or above). The contribution amounts from you and the health system are based on your years of service. Employee contributions are pretax, reducing income taxes, and are made by payroll deduction. You always own your contributions; your ownership of the health system’s contributions vest after three years of service. One year of service is credited for each year in which you work at least 1,000 hours.

Years of service*	Employee contributions	Health system contributions
0 to 4	4%	3%
5 to 9	4%	4%
10 to 14	4%	5%
15 to 19	4%	6%
20 or more	5.5%	8.5%
Years of service	Vested percentage in employee contributions	Vested percentage in health system contributions
0 to 2	100%	0%
3 or more	100%	100%

\*Contribution levels increase on January 1 following the service year anniversary.





## Financial benefits - retirement

### 457(b) retirement savings plan

Another way to contribute toward your retirement savings goal is the health system's voluntary retirement savings plan. The 457(b) plan allows you to immediately contribute pretax dollars, resulting in income-tax savings; contribute on a Roth basis, resulting in tax savings upon withdrawal; or a combination of the two. Contributions are made by payroll deduction and employees are immediately 100% vested.

In 2022, you can contribute up to the lesser of:

- 85% of your pay.
- The IRS maximum amount of \$20,500, plus an additional \$6,500 if you are age 50 or older.

### Financial help

Fidelity Retirement Planners are available to help you with enrollment, asset allocation, retirement planning and other questions you may have about your health system retirement plans. Fidelity can also help with general financial planning such as budget and debt management, student loan repayment and retirement income planning.

For general account questions or help with transactions, please contact the Fidelity Retirement Service Center at **800-343-0860** or log in to your account at **[netbenefits.com/atwork](https://netbenefits.com/atwork)**.



## Time away from work benefits

### Rest and renew

We encourage you to use paid time off (PTO) to rest and renew.

Our program is designed with flexibility to meet your need for paid time off, regardless of the reason: vacation, personal days or sick time.

In addition to PTO, we offer paid hours for eight holidays: New Year’s Day, Martin Luther King Jr. Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and the following Friday, and Christmas Day. Full-time employees receive eight hours per holiday. Hours are prorated for part-time employees provided they are at least a 0.5 FTE.

### Paid time off (PTO)

Eligible full-time and part-time\* employees with at least a 0.5 FTE receive paid time off to use for vacations, personal days and sick days. Holidays are in addition to PTO hours. Each pay period, you accumulate PTO hours based upon your FTE and your completed years of service.

Years of service**	PTO accrual rate per pay period	Maximum hours in PTO bank	PTO days accrued per year	Annual holiday hours
<1	5.23 hours	300	17+3***	64
1 and less than 5	6.15 hours	300	20	64
5 and less than 10	7.68 hours	300	25	64
10 and less than 15	8.63 hours	300	28	64
15 or more	9.11 hours	300	29.6	64

\* Part-time employees with at least a 0.5 FTE are eligible for PTO credit on a prorated basis.

\*\* Kansas City employees hired prior to Dec. 31, 2014, view new accrual chart on 24/7.

\*\*\* New hires will receive 24 hours frontloaded (based on FTE) at time of hire.



## Time away from work benefits

### Leaves of absence

The University of Kansas Health System values the long-term health and well-being of its employees and offers a number of benefits that encourage employees to keep their body and mind healthy. As additional support, the health system offers various leave programs to eligible employees who may need time away from work because of certain life events. Employees are encouraged to contact the health system's leave administrator when time away from work is needed to deal with serious medical conditions (your own or a family member), pregnancy, personal needs, domestic violence, military leave or educational leave.

Employees who need time away from work for bereavement, to vote in official elections, to complete jury duty or for lactation needs must contact their manager directly to schedule an appropriate leave from work. Employees may be eligible for additional leaves allowed under state or local laws, based on the employee's primary worksite.

### Workplace accommodations

Employees who are temporarily or permanently disabled or are subject to certain workplace restrictions that make it difficult for them to perform the essential functions of their job, should contact the health system's leave administrator to discuss their needs. The HR Leave Administration team will work closely with the employee and their manager to determine if a reasonable workplace accommodation can be offered.

If you have questions about whether you qualify for a leave of absence, please contact the HR Support Center at **913-945-6500** or email **[askhr@kumc.edu](mailto:askhr@kumc.edu)**.

## → Wellness and family support benefits

### It's About You wellness program

As a leader in caring, healing, teaching and discovering, it's important health system employees model self-care and wellness. The health system is committed to offering a wide range of wellness opportunities and resources to support employees no matter where they are in their wellness journey.

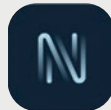
The It's About You wellness program is free to all employees and focuses on eight epic pillars of wellness to create a holistic approach to health and well-being. There are robust tools to support you including a tracker for health data, a meal planner and delicious recipes, individual and group challenges and an extensive library of articles and videos.



### Get started with 3 simple steps:

- Visit [kansashealthsystemwellness.com](https://kansashealthsystemwellness.com) and click on "Join Now."
- Enter your name, then your Employee ID number as your unique ID.
  - **KANSAS CITY:** Employee ID is on the back of your badge.
  - **GREAT BEND:** Employee ID is in your profile information on Workday.
- Follow the screen prompts to create your username and password.

Download the "Navigate Wellbeing" app and access your account from your phone or other device. The app is available in both the Apple App Store and Google Play.



### Seeking Wellness Champions

Wellness Champions play an important role in helping employees across the health system know of It's About You and the resources it offers to support employee wellness.

If you have a passion for wellness and enjoy communicating, you would be a great Wellness Champion! You'll be first to know about wellness activities and events and be provided tools to share information and rally your co-workers to participate.

If you are interested, or would like to nominate someone for this role, email [wellness@kumc.edu](mailto:wellness@kumc.edu) to get your questions answered and become a Wellness Champion.



## Wellness and family support benefits

### Employee assistance program (beginning Jan. 1, 2022)

ComPsych®, the world's largest provider of EAP services, is now our partner to provide you and your dependents confidential support, resources and information for personal and work-life issues. These services are provided at no charge to you through ComPsych's GuidanceResources.

#### Confidential counseling

EAP provides short-term counseling services to help handle concerns constructively, before they become major issues. Call anytime about concerns such as marital, relationship and family problems; stress, anxiety and depression; grief and loss; job pressures; and substance abuse. Each covered member is eligible for up to eight sessions per event.

#### Work-life solutions

Too much to do, and too little time to get it all done? Work-life specialists can do research and provide qualified referrals and customized resources for child and elder care, moving, pet care, college planning, home repair, buying a car, planning an event, selling a house and more.

#### Legal support

Speak with on-staff licensed attorneys about legal concerns such as divorce, custody, adoption, real estate, debt and bankruptcy, landlord/tenant issues, civil and criminal actions and more. If you need representation, you can be referred to a qualified attorney for a free 30-minute consultation and a 25% reduction in customary legal fees.

#### Financial information

Get answers about budgeting, debt management, tax issues and other money concerns from on-staff CPAs, Certified Financial Planners® and other financial experts.

#### Interactive digital tools

Go online to access thousands of topics, including relationships, work, school, children, wellness, legal, financial and free time. You can search for qualified child and elder care, attorneys and financial planners, as well as ask questions, take self-assessments and more. Your EAP benefit includes Computerized Cognitive Behavioral Therapy (CCBT) which offers interactive behavioral health tools and resources to help tackle common issues such as stress, depression, anxiety and insomnia, anywhere–anytime. This user-friendly digital program is quick, easy and effective.

#### EAP is available to you 24 hours a day, 7 days a week.

There are three ways to access your EAP benefits:

- **Call toll-free: 855-784-2052.** Speak to a counseling professional who can listen to your concerns and guide you to the appropriate services you require.
- **Visit online** at **guidanceresources.com** and enter your company ID: "health system."
- **Download the mobile app** by searching for "GuidanceNow." Once downloaded, log in with password: "health system."



## Wellness and family support benefits

### Living a tobacco-free lifestyle

The health system encourages a healthy lifestyle for all employees as we strive to take the best care of our patients, each and every day. Quit For Life is a high-quality tobacco cessation program provided at no cost to all employees.

Participants work directly with a cessation coach to plan their personal program schedule, which can be tailored based on availability and desired program completion date. To get started, register for the program at [myquitforlife.com/quittoday](https://myquitforlife.com/quittoday) or call **866-QUIT-4-LIFE (866-784-8454)**.

### The Hartford Life Assist programs

The health system offers the following services, through The Hartford, **at no cost** to benefit-eligible employees.

- **Estate planning:** Create a simple legal will quickly and conveniently online. Access The Hartford's estate guidance service at [estateguidance.com](https://estateguidance.com). Enter the code: **WILLHLF** and click "Get Started."
- **Travel assist:** Emergency assistance is available 24/7/365 when traveling 100 miles or more from your home. Call toll-free from the U.S. or Canada: **800-243-6108** (or **202-828-5885**). The policy number is **675446**, and the travel assistance ID number is **GLD-09012**.
- **Funeral planning and concierge services:** For information, call **866-854-5429** or visit [everestfuneral.com/hartford](https://everestfuneral.com/hartford) and use the code **HFEVLC**.
- **Beneficiary assist:** Legal advice, financial planning and emotional counseling for up to 1 year after a death. Call **800-411-7239** for additional information.



## Wellness and family support benefits

### Family care solutions *(available in **KANSAS CITY** only)*

The health system offers care solutions that help you balance the demands of family with your other commitments. When you have a disruption in family care, you won't have to skip a beat. Your Bright Horizons Back-Up Care™ benefit can find a welcoming child-care center, in-home caregiver or experienced tutor when you need one. You'll have peace of mind, and your loved ones will get the care they need. Benefit-eligible employees have access to up to 10 days of back-up care per year.

- \$15 per child or a maximum of \$25 per family for use of center-based child care.
- \$6 per hour for in-home care services for any age, from children through elders.
- \$15 for up to 4 hours of virtual tutoring.

4-hour minimum up to a 10-hour maximum for in-home care.

#### Register now and reserve back-up care when you need it:

- Your child's school is closed.
- The sitter is on vacation.
- Mom or Dad needs support in their home.
- Your child is mildly ill and can't attend school or child care.
- Your 5-18-year-old needs additional tutoring in any subject.

Visit [clients.brighthouse.com/kansashealthsystem](https://clients.brighthouse.com/kansashealthsystem) and, when registering for the first time, please use the following: Employer username: kansashealthsystem; password: **Benefits4You**; download the app: search "**back-up care**" in the App Store or Google Play; call **877-242-2737** with questions.

### Additional family supports

When you need more permanent solutions or additional care resources, use Bright Horizons Additional Family Supports™ including access to a database of child-care solutions, tuition discounts, pet and people sitters, housekeepers, senior care solutions, and discounted tutoring and test preparation.

Find support now at

[clients.brighthouse.com/kansashealthsystem](https://clients.brighthouse.com/kansashealthsystem).



## Help with tuition and career development

### Tuition reimbursement

We encourage you to invest in your personal development and career growth through formal education. The health system will reimburse benefit-eligible full-time and part-time employees with at least 12 months of service up to \$3,750 per calendar year for completion of approved college courses through an accredited institution. Part-time employees receive tuition reimbursement at a prorated amount based on FTE. The lifetime benefit maximum is \$15,000.

We partner with Bright Horizons EdAssist to make the tuition reimbursement process easier for you:

- Support and guidance from inquiry through graduation
- Better matching of newly trained employees with current job openings
- Discounts at more than 220 educational institutions
- Access to more career opportunities

Log in to your account at [ukhs.edassist.com](https://ukhs.edassist.com).

If you work	Calendar year tuition amount available
0.9-1.0 FTE (36-40 hours)	Up to \$3,750
0.8 FTE (32 hours)	\$3,000
0.7 FTE (28 hours)	\$2,625
0.6 FTE (24 hours)	\$2,250
0.5 FTE (20 hours)	\$1,875

Information about the program can be found on 24/7.

If you have questions, please contact the HR Support Center at [913-945-6500](tel:913-945-6500) or [askhr@kumc.edu](mailto:askhr@kumc.edu).





## Help with tuition and career development

### Professional certification awards

Achieving certification shows strong commitment to a profession, demonstrating expertise and ultimate mastery of a specialty. The health system recognizes that commitment with cash awards in support of employees' continuous learning and career growth. Professional certification achievement among staff also advances the organization in important designations such as Magnet and NCI.

#### Award amounts for professional certifications

- New certifications: \$600
- Certification maintenance/renewal: \$400
- Up to 2 certifications per calendar year

#### Awards are available to all staff

- Full-time and part-time staff
- PRN staff who have worked at least 250 hours in the most recent 12 months
- Clinical and non-clinical professions
- Great Bend and Kansas City divisions

#### Certification cannot be required for job

- Encourages continuous learning, career growth and academic excellence

Additional requirements are detailed on the award request form on 24/7, Life & Career section, **Tuition Reimbursement & Certifications** page. If you have questions, please contact the HR Support Center at 913-945-6500 or [askhr@kumc.edu](mailto:askhr@kumc.edu).



## Additional benefits

The health system offers access to an array of benefit options. We have partnerships with experts in multiple areas to offer these services at an additional fee.

### Identity theft protection

Allstate Identity Protection works to protect your identity 24 hours a day, 7 days a week. The policy provides comprehensive personal data protection, ID theft and fraud protection, medical ID theft protection, child theft protection and assistance and restoration. This benefit is available by payroll deduction for you and your family members. Go to the benefits website, [kansashealthsystem.bswift.com](https://kansashealthsystem.bswift.com), to enroll.

### Prepaid legal service

Whether you are buying a new home, drawing up a will or just need legal advice, MetLife Legal can give you easy access to experienced attorneys. You can also receive a wide range of covered legal services at an affordable price. With MetLife Legal, a participating attorney is just a phone call away. Go to the benefits website, [kansashealthsystem.bswift.com](https://kansashealthsystem.bswift.com), to enroll.

### Pet insurance

When your pet needs medical care, the last thing you want to be concerned about is how to pay for it. Fortunately, pet insurance can help you handle the ever-increasing costs of caring for your pets when they are ill or injured. With this policy you can visit any licensed veterinarian worldwide. To enroll, contact MetLife at **866-792-4638** or visit [mybenefits.metlife.com](https://mybenefits.metlife.com).



## Additional benefits

### Auto and home insurance

With insurance from Farmers Insurance (formerly MetLife), you can get protection for your auto and home while saving money. It features the coverage you need for your most important possessions at special employee discounts. Contact Farmers Insurance to enroll, **800-438-6381**.

### Buying program

When cash and credit are not readily available, Purchasing Power provides an affordable and responsible way to buy brand-name computers, electronics, appliances, furniture and more through the ease of payroll deduction. You'll know the total price up front, and the cost is divided into manageable payments that are deducted from your paycheck over a 12-month period. There's no interest, no risk of late fees and no credit check required. To participate, you must:

- Be at least 18 years of age
- Be a 0.5 FTE or above employee for at least 12 months
- Earn at least \$16,000 a year
- Have a bank account or credit card (to be used in case of nonpayment via payroll deduction)

Contact Purchasing Power to enroll, **888-923-6236** or **[tukh.purchasingpower.com](http://tukh.purchasingpower.com)**.

### Want to enroll in any of these additional benefits?

Visit the benefits website **[kansashealthsystem.bswift.com](http://kansashealthsystem.bswift.com)** or call **888-494-9119** to schedule an appointment or to speak with a benefits communication specialist.





## Perks For You

**Perks For You** is a digital portal that gives all health system employees access to thousands of discounts to help save money in their daily lives.

**Perks For You is packed with deals:**

- **Save 20-50% on household purchases.** Categories include apparel, accessories, cars, electronics, food and more from hundreds of national brands as well as local businesses.
- **Save 8-15% on entertainment, travel and services.** From amusement park tickets to hotel reservations to an oil change, save on things you need and enjoy.
- **Exclusive discounts** not available to the public.
- **Cash-back options** from more than 70% of vendors in the marketplace.
- **Local discounts and memberships.**

**Sign up today and start saving!**

Visit [kansashealthsystemperks.com](https://kansashealthsystemperks.com).

Once registered, download the BenefitHub app for easy access.

**Visit Perks For You and save today!**

All discounts are now centralized in this easy-to-use hub, free to all employees. Save on familiar discounts, additional local discounts and thousands of national brands.





## Enrollment deadlines

### Qualifying life events

- You have 30 days from a qualifying life event (see page 5) to enter the event on the benefits website **kansashealthsystem.bswift.com** and provide supporting documentation.

### New hires or initial eligibility due to status change

- You have 30 days from the hire or status-change date to enroll in benefits.



## Your benefits contacts

Benefit	Provider	Web address or email	Phone
Medical plan	Blue Cross and Blue Shield	<a href="http://myhealthtoolkitkc.com">myhealthtoolkitkc.com</a>	833-468-3590
Tobacco cessation*	Quit For Life	<a href="http://myquitforlife.com/quittoday">myquitforlife.com/quittoday</a>	866-784-8454
Hospital indemnity insurance**	The Hartford		888-494-9119
Critical illness insurance**	The Hartford		888-494-9119
Accident insurance**	The Hartford		888-494-9119
Health system pharmacy	The University of Kansas Health System	<a href="http://kansashealthsystem.com/patient-visitor/pharmacy">kansashealthsystem.com/patient-visitor/pharmacy</a>	913-588-2371
Prescription benefits	Blue Cross and Blue Shield	<a href="http://myhealthtoolkitkc.com">myhealthtoolkitkc.com</a>	833-468-3590
Dental plan	Delta Dental of Kansas	<a href="http://deltadentalks.com">deltadentalks.com</a>	800-234-3375
Vision plan	Vision Service Plan (VSP)	<a href="http://vsp.com">vsp.com</a>	800-877-7195
Health savings accounts	WEX	<a href="http://wexinc.com">wexinc.com</a>	866-451-3399
Flexible spending accounts	WEX	<a href="http://wexinc.com">wexinc.com</a>	866-451-3399
Life and AD&D insurance*	The Hartford		888-494-9119
Whole life insurance**	Boston Mutual		888-494-9119
Short-term disability	The Hartford		866-315-0809
Long-term disability	The Hartford		866-315-0809
Retirement plan and financial advising	Fidelity Investments	<a href="http://netbenefits.com/atwork">netbenefits.com/atwork</a>	800-343-0860





## Your benefits contacts

Benefit	Provider	Web address or email	Phone
Leave of absence/FMLA	The Hartford	<a href="mailto:askhr@kumc.edu">askhr@kumc.edu</a>	913-945-6500
Wellness program	The University of Kansas Health System	<a href="http://kansashealthsystemwellness.com">kansashealthsystemwellness.com</a>	
Employee assistance program	ComPsych	<a href="http://guidanceresources.com">guidanceresources.com</a> - company code: "health system"	855-784-2052
Estate planning*	The Hartford	<a href="http://estateguidance.com">estateguidance.com</a> - company code: WILLHLF	
Travel assistance*	The Hartford	policy ID: 675446; travel assist ID: GLD-09012	800-243-6108
Funeral planning*	The Hartford	<a href="http://everestfuneral.com/hartford">everestfuneral.com/hartford</a> - code: HFEVLC	866-854-5429
Beneficiary assistance after death*	The Hartford		800-411-7239
Child and family care	Bright Horizons	<a href="http://clients.brighthorizons.com/kansashealthsystem">clients.brighthorizons.com/kansashealthsystem</a> - company code: benefits4you	877-242-2737
Tuition reimbursement	Bright Horizons Ed Assist	<a href="http://ukhs.edassist.com">ukhs.edassist.com</a>	913-945-6500
Identity theft protection**	Allstate		888-494-9119
Prepaid legal service**	MetLife		800-821-6400
Pet insurance**	MetLife	<a href="http://mybenefits.metlife.com">mybenefits.metlife.com</a>	866-792-4638
Home and auto insurance**	Farmers Insurance	<a href="http://myautohome.farmers.com">myautohome.farmers.com</a>	800-438-6381
Buying program	Purchasing Power	<a href="http://tukh.purchasingpower.com">tukh.purchasingpower.com</a>	888-923-6236
Perks For You	The University of Kansas Health System	<a href="http://kansashealthsystemperks.com">kansashealthsystemperks.com</a>	866-664-4621

\* Benefit is available at no cost to the employee – log in at [kansashealthsystem.bsswift.com](http://kansashealthsystem.bsswift.com). \*\*Benefit is available at additional cost.





## Your benefits contacts

Benefits Connection portal:

[kansashealthsystembenefits.com](https://kansashealthsystembenefits.com)

Benefits help line:

888-494-9119

Benefits website:

[kansashealthsystem.bswift.com](https://kansashealthsystem.bswift.com)

Benefits email:

[benefitsconnection@kumc.edu](mailto:benefitsconnection@kumc.edu)

This document is intended to merely highlight or summarize certain aspects of the employer's benefit programs. It is not a Summary Plan Description or an official plan document. Your rights and obligations under the programs are set forth in the official plan documents. All statements in this summary are subject to the terms of the official plan documents, as interpreted by the appropriate plan fiduciary. In the case of an ambiguity or outright conflict between a provision in this summary and a provision in the plan documents, the terms of the plan documents control. The employer reserves the right to review, change or terminate the plan, or any benefits under it, for any reason, at any time, and without advance notice to any person.

TAKE CARE OF



**YOU**

2022 **BENEFITS**

# **BENEFITS GUIDE 2022**