Judi Rx™

Understanding Your GLP-1 Pharmacy Benefit Coverage

Frequently Asked Questions

What is a GLP-1 Medication?

GLP-1 or Glucagon-like peptide-1 agonists are a class of medications that help manage blood sugar levels in people with Type 2 diabetes. Certain GLP-1 medications are only FDA-approved to treat Type 2 diabetes while some GLP-1 medications are only FDA-approved to treat obesity.

What GLP-1 medications are covered under your pharmacy benefit plan?

Your plan has GLP-1 coverage for the treatment of **Type 2 diabetes only**. The following GLP-1 medications may be covered under your pharmacy benefit:

- Dulaglutide (Trulicity)
- Exenatide extended release (Bydureon bcise)
- Semaglutide (Ozempic, Rybelsus)
- Tirzepatide (Mounjaro)

GLP-1 medications used to treat **obesity, weight loss, sleep apnea or conditions other than Type 2 diabetes** are not covered under your pharmacy benefit. This includes:

- Semaglutide (Wegovy)
- Tirzepatide (Zepbound)
- Liraglutide (Saxenda)
- Orforglipron (Foundayo)

Do you need to get a prior approval before filling a GLP-1?

Yes. A prior approval is needed before filling a GLP-1 prescription and are only approved for treatment of Type 2 diabetes.

How can my healthcare provider submit a prior approval request?

Your healthcare provider can submit a prior approval request to Judi Rx by completing the Prescription Drug Prior Authorization Form and sending it (along with additional documentation as needed) to any of the following:

- Fax: 1-833-434-0563
- Electronic: CoverMyMeds website
- Mail: Judi Rx: Attn: Appeals Dept., 9450 SW Gemini Dr., #87234, Beaverton, OR 97008

Blank forms are available by visiting: **judi.health/capital-rx-prescribers**

My GLP-1 medication will no longer be covered. How should I talk with my healthcare provider about my treatment options?

Schedule an appointment with your healthcare provider to discuss how this coverage change may affect your treatment plan. Consider asking:

- Whether there are alternative medications that may be appropriate for your condition and covered under your pharmacy benefit.
- The benefits and risks of switching to a different treatment option.
- Whether lifestyle changes, nutrition support, or other therapies may be appropriate as part of your care plan.
- What steps you should take to avoid interruptions in treatment.

Your healthcare provider can help determine the treatment option that best meets your individual health needs and goals. Always consult your provider before making any changes to your medication regimen.

Important: Do not stop taking your medication without first speaking with your healthcare provider.

Please contact Customer Care by calling 1-833-599-0951 if you have questions.