



The University of Kansas Health System

MAINTENANCE MEDICATION LIST

Effective January 1, 2026

Maintenance medications are prescription drugs commonly used to treat chronic, long-term conditions such as diabetes, high blood pressure or asthma. These conditions typically require regular, daily use of medications. Below is a list of maintenance medication categories. Not every drug within these categories is considered a maintenance medication. Depending on your benefit, you may be eligible to receive a 90-day supply of covered maintenance medications through mail-order or at select retail pharmacies.

Select plan benefits may require you to fill these medications through home delivery or at select retail pharmacies to receive coverage. Please note this list is not inclusive of all maintenance medications and is subject to change. This list is for informational purposes and should not be relied upon to determine coverage.

Coverage is always subject to the terms and limits of your benefit plan. For more details about your benefits, please visit <https://mycapitalrx.judi.health/> to view a complete list of formulary medications, and if there are any questions about your particular prescription drug benefits, please contact customer service at the toll-free member phone number on your ID card.

MAINTENANCE MEDICATIONS USED FOR:

Birth Control	Gout Relief	Seizure Prevention
Bladder and Urinary Health	Heart Rhythm and Chest Pain	Skin Conditions
Blood and Clotting Disorders	Hormone Balance	Sleep and Relaxation
Blood Clot Prevention	Kidney Health	Stomach and Intestinal Conditions
Blood Pressure	Lung and Airway Conditions	Strengthening Teeth
Blood-Forming Disorders	Managing ADHD Symptoms	Suppressing the Immune System
Cancer Treatment	Mood and Thought Disorders	Thyroid Health
Cholesterol Levels	Nerve and Muscle Function Support	Treating Viral Infections
Depression	Neurological and Cognitive Support	Vitamin, Mineral and Electrolyte Supplementation
Diabetes	Pain-Relief and Inflammation	Wakefulness Support
Dry Mouth	Parkinson's Disease	Weight Management
Endocrine and Metabolic Conditions Support	Preventing and Treating Malaria	
Eye Conditions	Preventing Migraines	
	Reducing Fluid Buildup	